# Parcells

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In January 2000, shortly after the New York Jets ended their '99 season, their coach, Bill Parcells, retired. By then he had won 149 games, lost 106, tied one, led three major pro football teams out of serious slumps, and taken two of them to the Super Bowl. He had made football history; he'd become the NFL's miracle man. Both intimidating and disarming, with a tongue like a whip and the temperament of a tyrant, Bill Parcells joined the failing New York Giants in 1983. By 1990 he'd twice taken the team to the Super Bowl. Three years later he took in tow the downtrodden New England Patriots, whom he propelled to the Super Bowl in his fourth season. He returned to New York in 1997, this time to rally the Jets. In two seasons the team with a lamentable 1–15 record had won a division title and missed the Super Bowl by only a game. In 1999, beleaguered by injuries to key players, the Jets nose-dived, losing six of its first seven games, but Parcells still managed to salvage the season with an 8–8 finish. While this biography candidly assesses the career of a consummate coach, it also examines the driving force that took hold of Parcells early and never let him go. Call it ambition, a dream, bulldog spirit, or perfectionism, it made him one of the winningest coaches in NFL history.

# Parcells

In this revealing biography, the exhaustive research of acclaimed sports historian Carlo DeVito sheds new light on football coaching legend Bill Parcells, exposing the two-time Super Bowl-winning coach's moxie and lifelong dedication to football. The book digs deep into Bill Parcells' past to unlock the secrets of what made him who he is today, following him from his childhood, through 15 years of college coaching, to his first big chance in the pros and the year that almost broke him. With more than 3,000 interviews, newspaper and magazine articles, and scores of primary resources, DeVito's book brings Parcells to life as readers have never seen him before.

# **Under Pressure**

In Under Pressure, Ray Lucas provides fans with a timely, uncensored look at pro football's play-at-all-costs culture. Overcoming questions about his size and skills as a quarterback, Lucas persevered and went on to play seven seasons in the NFL. His professional football career, however, came to a sudden end at age 30, when a neck injury caused him to collapse on the sideline during training camp. Instructed by NFL doctors that surgery wasn't an option, Lucas turned to painkillers for relief, but as his tolerance for medication escalated and his NFL insurance coverage expired, he began to plan his suicide. Just days before he planned to take his life, Lucas was put in touch with a group of doctors who agreed to perform neck surgery free of charge. In this tell-all, Lucas shares how—in a league without guaranteed contracts and careers that average just a few seasons long—players in the training room are perceived to lack the toughness necessary to succeed on the field. He discusses how this prevailing attitude leads to widespread abuse of painkillers and leaves many former players unable to lead a normal life once their playing career ends while also sharing details on how he overcame his drug addiction and turned his own life around.

# Parcells

Bill Parcells may be the most iconic football coach of our time. During his decades-long tenure as an NFL coach, he turned failing franchises into contenders. He led the ailing New York Giants to two Super Bowl victories, turned the New England Patriots into an NFL powerhouse, reinvigorated the New York Jets,

brought the Dallas Cowboys back to life, and was most recently enshrined in the Pro Football Hall of Fame. Taking readers behind the scenes with one of the most influential and fascinating coaches the NFL has ever known, PARCELLS will take a look back at this coach's long, storied and influential career, offer a nuanced portrayal of the complex man behind the coach, and examine the inner workings of the NFL.

# **Captain for Life**

Captain for Life offers a unique and powerful personal tale about the great joy and devastating price of playing professional football, by a legendary former NFL linebacker Harry Carson. One of the greatest linebackers to ever play professional football, Harry Carson built a reputation during his 13 years in the NFL as a fearsome, physical and passionate player who would give everything he had to win. Whether violently tackling running backs, engaging blockers with reckless abandon or ferociously attacking the line of scrimmage, Carson will always be remembered as having played the game the way it's meant to be played-all out. For the first time ever, this legendary athlete takes readers on an unlikely journey to the NFL that began in the small town of Florence, South Carolina to his days at little known South Carolina State University--and then the bright lights of professional football in New York, playing for the Giants. Carson's story of his life as a football player and after his retirement is more powerful and eye-opening than any that's come before. Within these pages, Carson reveals the startling truth behind the sacrifices these great warriors make for our entertainment, the thrill of stepping onto a field with 80,000 fans screaming your name, and the debilitating physical and mental toll this violent and uncompromising game takes. With insight into some of the game's biggest stars, from Lawrence Taylor to Bill Parcells to Phil Simms this book is a must for any NFL fan.

# **Guts and Genius**

How three football legends -- Bill Walsh, Joe Gibbs, and Bill Parcells -- won eight Super Bowls during the 1980s and changed football forever. Bill Walsh, Joe Gibbs and Bill Parcells dominated what may go down as the greatest decade in pro football history, leading their teams to a combined eight championships and developing some of the most gifted players of all time in the process. Walsh, Gibbs and Parcells developed such NFL stars as Joe Montana, Lawrence Taylor, Jerry Rice, Art Monk and Darrell Green. They resurrected the careers of players like John Riggins, Joe Theismann, Doug Williams, Everson Walls and Hacksaw Reynolds. They did so with a combination of guts and genius, built championship teams in their own likeness, and revolutionized pro football like few others. Their influence is still evident in today's game, with coaches who either worked directly for them or are part of their coaching trees now winning Super Bowls and using strategy the three men devised and perfected. In interviews with more than 150 players, coaches, family members and friends, GUTS AND GENIUS digs into the careers of three men who overcame their own insecurities and doubts to build Hall of Fame legacies that transformed their generation and continue to impact today's NFL.

#### The Final Season

A record of Parcells' controversial final season as head coach of the New York Jets describes for the first time his real reasons for retiring, as well as his relationship with his players.

#### Parcells

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portrayal of the complex man behind the coach, and examine the inner workings of the NFL.

# Talkin' Tuna

After bringing home two Super Bowls with the N.Y. Giants, and after taking the hard-luck New England Patriots to their own appearance in the big show, Bill Parcells has performed another miracle: he's transformed the 1-15 Jets into a real contender. All New York's got to do now is wait, because if the coach they call \"Tuna\" has his way, it won't be long before his Jets sere up yet another championship. A hardnosed pro who always shoots from the hip, Parcells is one of pro football's winningest, and often most controversial, head coaches. Always quotable -- love him or hate him -- there's no arguing his success. Because... when the Tuna talks, people listen. Parcells on the '98 AFC race: \"We're kind of stacked up like club sandwiches.\" Parcells on winning: \"Winning doesn't feel as good as it used to and losing feels worse.... This is my crack cocaine. I know it's like an assembly line, okay? And I know that some day the line is going to stop, and that's when you're J-A-G. Just another guy.\" Parcells on NFL stars: \"Dumb players to dumb things. Smart players seldom do dumb things.\" Parcells on his weight: \"Hey, listen, let me tell you something. If I fell down, I'd rock myself to sleep.\" Columnist Norman Chad on ParcelIs: \"It is a wonder of nature that caterpillars turn into butterflies. It is a wonder of Parcells that Vinny Testqaverde has turned into Joe Namath.... If he told his players the Earth were flat, none of them would cross the street. He could stare at a blue sky so hard, it becomes cloudy.\" Jets running back Keith Byars on ParceIIs: \"If he tells you there's cheese on top of the mountain, you'd better bring crackers.\"

# Dare to Live

Atherosclerosis is responsible for the majority of heart attacks and is the root of coronary heart disease. Plaque buildup in the arteries causes atherosclerosis; luckily, however, through knowledge of our bodies and making small and large changes in the way we live, this deadly condition can be stopped and even reversed. Dare to Live, by author and naturopathic doctor Stephen W. Parcell, brings to the forefront natural, preventive, and medically proven strategies for combating coronary artery disease and its effect on our lives. This is not a diet book or an attempt to push a new fad; Dare to Live is a first-of-its-kind look at atherosclerosis from the naturopathic medical standpoint. Rather than just telling us what to do, Parcell presents in language accessible to everyone the causes of the disease, the rationale behind assessing risk for it, the purpose of the various tests he recommends, and the scientific evidence behind his recommendations. Understanding what our bodies are trying to tell us is the first big step in preventing heart disease, and the next big step-acting on our knowledge-can teach us more than we might believe possible. By pursuing natural, scientific methods, we can keep health close to our hearts and keep a major killer away from ourselves and our loved ones.

# The Ultimate Football Trivia Book

Become a football trivia expert with these tough questions! The Ultimate Football Trivia Book tests and expands your knowledge on the sport of football—covering players' careers from Draft Day to the rookie season, the Pro Bowl, and beyond! In this collection of six hundred questions, seasoned football writer Chris Price tests your level of expertise on all things football. Some of the many questions that Price poses include: Who was the last player to collect an MVP and Super Bowl trophy in the same season? (Kurt Warner) Which rookie running back set the NFL record for most rushing yards in a season? (Eric Dickerson) Who is the only quarterback in the top 10 in career playoff passing yards NOT to win a Super Bowl? (Dan Marino) What 2010 Pro Bowl quarterback never started a game in college? (Matt Cassel) Football stars and coaches past and present are represented, from Johnny Unitas to Peyton Manning, Randy Moss to Tom Brady, Bart Starr to Aaron Rodgers, Bill Parcells to Bill Belichick and everyone in between. The Ultimate Football Trivia Book is the definitive test for knowledgeable football fans!

#### **Total Knee Arthroplasty**

This comprehensive reference on total knee arthroplasty describes all surgical techniques and prosthetic designs for primary and revision arthroplasty, discusses every aspect of patient selection, preoperative planning, and intraoperative and postoperative care.

#### The Dynasty

NEW YORK TIMES BESTSELLER \* Now a 10-part docuseries on Apple TV+ From the #1 New York Times bestselling coauthor of Tiger Woods comes the definitive inside story of the New England Patriots-the greatest sports dynasty of the 21st century. It's easy to forget that the New England Patriots were once the laughingstock of the NFL, a nearly bankrupt team that had never won a championship and was on the brink of moving to St. Louis. Everything changed in 1994, when Robert Kraft acquired the franchise and soon brought on board head coach Bill Belichick and quarterback Tom Brady. Since then, the Patriots have become a juggernaut, making ten trips to the Super Bowl, winning six of them, and emerging as one of the most valuable sports franchises in the world. How was the Patriots dynasty built? And how did it last for two decades? In The Dynasty, acclaimed journalist Jeff Benedict provides richly reported answers in a sweeping account based on exclusive interviews with more than two hundred insiders-including team executives, coaches, players, players' wives, team doctors, lawyers, and more-as well as never-before-seen recordings, documents, and electronic communications. Through his exhaustive research, Benedict uncovers surprising new details about the inner workings of a team notorious for its secrecy. He puts us in the room as Robert Kraft outmaneuvers a legion of lawyers and investors to buy the team. We listen in on the phone call when the greatest trade ever made—Bill Belichick for a first-round draft choice—is negotiated. And we look over the shoulder of forty-year-old Tom Brady as a surgeon operates on his throwing hand on the eve of the AFC Championship Game in 2018. But the portrait that emerges in The Dynasty is more rewarding than new details alone. By tracing the team's epic run through the perspectives of Kraft, Belichick, and Brady-each of whom was interviewed for the book-the author provides a wealth of new insight into the complex human beings most responsible for the Patriots' success. The result is an intimate portrait that captures the human drama of the dynasty's three key characters while also revealing the secrets behind their success. "The Dynasty is...[a] masterpiece...It's a relationship book, it's a football book, it's a business book...you'll just eat up these stories" (Colin Cowherd).

# It's Better to Be Feared: The New England Patriots Dynasty and the Pursuit of Greatness

NOW WITH A NEW EPILOGUE ON THE 2021 SEASON AND TOM BRADY'S BRIEF RETIREMENT NEW YORK TIMES BESTSELLER SPORTS ILLUSTRATED • NONFICTION BOOK OF THE YEAR National Sports Media Association • Book of the Year Kirkus Reviews • Best Nonfiction of the Year "Seth Wickersham has managed to do the impossible: he has pulled off the definitive document of the Belichick/Brady dynasty." -Bill Simmons, The Ringer The explosive, long-awaited account of the making of the greatest dynasty in football history-from the acclaimed ESPN reporter who has been there from the very beginning. Over two unbelievable decades, the New England Patriots were not only the NFL's most dominant team, but also-and by far-the most secretive. How did they achieve and sustain greatness-and what were the costs? In It's Better to Be Feared, Seth Wickersham, one of the country's finest long form and investigative sportswriters, tells the full, behind-the-scenes story of the Patriots, capturing the brilliance, ambition, and vanity that powered and ultimately unraveled them. Based on hundreds of interviews conducted since 2001, Wickersham's chronicle is packed with revelations, taking us deep into Bill Belichick's tactical ingenuity and Tom Brady's unique mentality while also reporting on their divergent paths in 2020, including Brady's run to the Super Bowl with the Tampa Bay Buccaneers. Raucous, unvarnished, and definitive, It's Better to Be Feared is an instant classic of American sportswriting in the tradition of Michael Lewis, David Maraniss, and David Halberstam.

# Belichick

A NEW YORK TIMES BESTSELLER The definitive biography of the NFL's most enigmatic, controversial, and yet successful coach Bill Belichick is perhaps the most fascinating figure in the NFL--the infamously dour face of one of the winningest franchises in sports. As head coach of the New England Patriots, he's led the team to five Super Bowl championship trophies. In this revelatory and robust biography, readers will come to understand and see Belichick's full life in football, from watching college games as a kid with his father, a Naval Academy scout, to orchestrating two Super Bowl-winning game plans as defensive coordinator for the Giants, to his dramatic leap to New England, where he has made history. Award-winning columnist and New York Times best-selling author Ian O'Connor delves into the mind of the man who has earned a place among coaching legends like Lombardi, Halas, and Paul Brown, presenting sides of Belichick that have been previously unexplored. O'Connor discovers how this legendary coach shaped the people he met and worked with in ways perhaps even Belichick himself doesn't know. Those who follow and love pro football know Bill Belichick only as the hooded genius of the Patriots. But there is so much more--from the hidden tensions and deep layers to his relationship with Tom Brady to his sometimes frosty dealings with owner Robert Kraft to his ability to earn the unmitigated respect of his players--if not their affection. This is a man who has many facets and, ultimately, has created a notorious football dynasty. Based on exhaustive research and countless interviews, this book circles around Belichick to tell his full story for the first time, and presents an incisive portrait of a mastermind at work.

#### Parcells

In this new biography acclaimed sports historian Carlo DeVito (Wellington; Yogi; Scooter) digs deep into Bill Parcells' past to unlock the secrets of what made him who he is today, following him from his childhood, through 15 years of college coaching, to his first big chance in the pros and the year that almost broke him. With more than 3,000 interviews, newspaper and magazine articles, and scores of primary resources, DeVito's book brings Parcells to life as readers have never seen him before.

#### **Super Bowl Blueprints**

A straight-from-the-source look at how NFL dynasties are built In Super Bowl Blueprints, Hall of Fame general manager Bill Polian and veteran football scribe Vic Carucci sit down with the architects of the greatest teams of all time, digging into how these dynastic squads did what they did, with more insight and access than any football book in history. Polian, the architect of the Super Bowl XLI–champion Indianapolis Colts, provides a rare glimpse inside the locker rooms, coaches' room, and front offices for the key moments that defined the modern NFL. Whether Polian is discussing variations of the no-huddle with Jim Kelly and Peyton Manning or the culture of the Steel Curtain with Terry Bradshaw and \"Mean\" Joe Greene or different versions of Bill Walsh's West Coast offense with Mike Holmgren and Steve Young, his command of the game mixed with the perceptions of these legends creates a book like no other. Tom Flores, Ron Wolf, and Mike Haynes debate how Al Davis built the iconic Raiders franchise, while Jimmy Johnson, Jerry Jones, Troy Aikman, and more share how tension and football IQ were married to create the unstoppable Cowboys teams of the '90s. Super Bowl Blueprints tells the story of championship football—how it's attained and what it takes—through the voices of Bill Parcells, Marv Levy, Art Rooney II, Charles Haley, Doug Williams, John Mara, Charley Casserly, Joe Theismann, Harry Carson, Tom Moore, Brian Billick, Frank Reich, Dwight Freeney, Joe Gibbs, Tony Dungy, and many more!

#### Parcells

In this revealing biography, the exhaustive research of acclaimed sports historian Carlo DeVito sheds new light on football coaching legend Bill Parcells, exposing the two-time Super Bowl-winning coach's moxie and lifelong dedication to football. The book digs deep into Bill Parcells' past to unlock the secrets of what made him who he is today, following him from his childhood, through 15 years of college coaching, to his

first big chance in the pros and the year that almost broke him. With more than 3,000 interviews, newspaper and magazine articles, and scores of primary resources, DeVito's book brings Parcells to life as readers have never seen him before.

# **Live Better Longer**

Simple steps for getting well, staying well and gaining vitality for a long and healthy life based on the teachings of legendary holistic healer and pioneering nutritionist Hazel Parcells. Dr. Hazel Parcells, the revered "grand dame of alternative medicine," who healed herself of "terminal" tuberculosis when she was 42 years old, inspired several generations of nutritionists, and lived to the age of 106 by following a dramatically effective set of straightforward nutritional practices. In this practical and motivating guide, Dr. Parcells's longtime student Joseph Dispenza distills more than sixty-five years of her groundbreaking research on natural health and the chemistry of foods into seven practices that are remarkably easy to integrate into daily routines.

#### **How Football Explains America**

ESPN's Sal Paolantonio explores just how crucial football is to understanding the American psyche Using some of the most prominent voices in pro sports and cultural and media criticism, \"How Football Explains America\" is a fascinating, first-of-its-kind journey through the making of America's most complex, intriguing, and popular game. It tackles varying American themes--from Manifest Destiny to \"fourth and one\"--as it answers the age-old question Why does America love football so much? An unabashedly celebratory explanation of America's love affair with the game and the men who make it possible, this work sheds light on how the pioneers and cowboys helped create a game that resembled their march across the continent. It explores why rugby and soccer don't excite the American male like football does and how the game's rules are continually changing to enhance the dramatic action and create a better narrative. It also investigates the eternal appeal of the heroic quarterback position, the sport's rich military lineage, and how the burgeoning medium of television identified and exploited the NFL's great characters. It is a must read for anyone interested in more fully understanding not only the game but also the nation in which it thrives. Updated throughout and with a new introduction, this edition brings \"How Football Explains America\" to paperback for the first time.

# **ADHD 2.0**

A revolutionary new approach to ADD/ADHD featuring cutting-edge research and strategies to help readers thrive, by the bestselling authors of the seminal books Driven to Distraction and Delivered from Distraction "An inspired road map for living with a distractible brain . . . If you or your child suffer from ADHD, this book should be on your shelf. It will give you courage and hope."-Michael Thompson, Ph.D., New York Times bestselling co-author of Raising Cain World-renowned authors Dr. Edward M. Hallowell and Dr. John J. Ratey literally "wrote the book" on ADD/ADHD more than two decades ago. Their bestseller, Driven to Distraction, largely introduced this diagnosis to the public and sold more than a million copies along the way. Now, most people have heard of ADHD and know someone who may have it. But lost in the discussion of both childhood and adult diagnosis of ADHD is the potential upside: Many hugely successful entrepreneurs and highly creative people attribute their achievements to ADHD. Also unknown to most are the recent research developments, including innovations that give a clearer understanding of the ADHD brain in action. In ADHD 2.0, Drs. Hallowell and Ratey, both of whom have this "variable attention trait," draw on the latest science to provide both parents and adults with ADHD a plan for minimizing the downside and maximizing the benefits of ADHD at any age. They offer an arsenal of new strategies and lifestyle hacks for thriving with ADHD, including • Find the right kind of difficult. Use these behavior assessments to discover the work, activity, or creative outlet best suited to an individual's unique strengths. • Reimagine environment. What specific elements to look for-at home, at school, or in the workplace-to enhance the creativity and entrepreneurial spirit inherent in the ADHD mind. • Embrace innate neurological tendencies. Take advantage

of new findings about the brain's default mode network and cerebellum, which confer major benefits for people with ADHD. • Tap into the healing power of connection. Tips for establishing and maintaining positive connection "the other Vitamind C" and the best antidote to the negativity that plagues so many people with ADHD. • Consider medication. Gets the facts about the underlying chemistry, side effects, and proven benefits of all the pharmaceutical options. As inspiring as it is practical, ADHD 2.0 will help you tap into the power of this mercurial condition and find the key that unlocks potential.

#### Just Give Me the Damn Ball!

\"Well, son, I guess we have to go the to bank.\" That's what Leon Hess told me the day the Jets drafted me as the number-one player in the NFL draft. But that first day, the day of the draft, was one of the happiest days in my life, because I knew I was ready to make things happen in the league and help turn things around for the sorry-ass Jets. But what a nightmare! Week after week, loss after loss. The Jets went in with a loser reputation, and they were earning it all over again. We had no emotion, no energy, no hunger. The media tried to cover it all. Rich Kotite tried to explain the disasters away. But nobody outside the team knew the real truth of what really went on. This book is going to change all that.

#### The King of Halloween and Miss Firecracker Queen

Told in a rich Southern voice, The King of Halloween and Miss Firecracker Queen is a quirky, heartwarming true story of life and death in competitive football.

# **Complications of Total Hip Arthroplasty**

Former NFL general manager and three-time Super Bowl winner Michael Lombardi reveals what makes football organizations tick at the championship level. From personnel to practice to game-day decisions that win titles, Lombardi shares what he learned working with coaching legends Bill Walsh of the 49ers, Al Davis of the Raiders, and Bill Belichick of the Patriots, among others, during his three decades in football. Why do some NFL franchises dominate year after year while others can never crack the code of success? For 30 years Michael Lombardi had a front-row seat and full access as three titans--Bill Walsh, Al Davis, and Bill Belichick--reinvented the game, turning it into a national obsession while piling up Super Bowl trophies. Now, in Gridiron Genius, Lombardi provides the blueprint that makes a successful organization click and win--and the mistakes unsuccessful organizations make that keep them on the losing side time and again. In reality, very few coaches understand the philosophies, attention to detail, and massive commitment that defined NFL juggernauts like the 49ers and the Patriots. The best organizations are not just employing players, they are building something bigger. Gridiron Genius will explain how the best leaders evaluate, acquire, and utilize personnel in ways other professional minds, football and otherwise, won't even contemplate. How do you know when to trade a player? How do you create a positive atmosphere when everyone is out to maximize his own paycheck? And why is the tight end like the knight on a chessboard? To some, game planning consists only of designing an attack for the next opponent. But Lombardi explains how the smartest leaders script everything: from an afternoon's special-teams practice to a season's playoff run to a decade-long organizational blueprint. Readers will delight in the Lombardi tour of an NFL weekend, including what really goes on during the game on and off the field and inside the headset. First stop: Belichick's Saturday night staff meeting, where he announces how the game will go the next day. Spoiler alert: He always nails it. Football dynasties are built through massive attention to detail and unwavering commitment. From how to build a team, to how to watch a game, to understanding the essential qualities of great leaders, Gridiron Genius gives football fans the knowledge to be the smartest person in the room every Sunday.

# **Gridiron Genius**

Presents the life of Bill Belichick and a detailed analysis of how he developed an elite coaching staff, and a

winning strategy to lead the New England Patriots to victory in the 2002 and 2004 Super Bowls.

# **Patriot Reign**

A BRILLIANTLY WRITTEN ACCOUNT OF THE NBA'S GLORY DAYS, AND THE RIVALRY THAT DOMINATED THE ERA In the mid-1950s, the NBA was a mere barnstorming circuit, with outposts in such cities as Rochester, New York, and Fort Wayne, Indiana. Most of the best players were white; the set shot and layup were the sport's chief offensive weapons. But by the 1970s, the league ruled America's biggest media markets; contests attracted capacity crowds and national prime-time television audiences. The game was played "above the rim"-and the most marketable of its high-flying stars were black. The credit for this remarkable transformation largely goes to two giants: Bill Russell and Wilt Chamberlain. In The Rivalry, award-winning journalist John Taylor projects the stories of Russell, Chamberlain, and other stars from the NBA's golden age onto a backdrop of racial tensions and cultural change. Taylor's electrifying account of two complex men-as well as of a game and a country at a crossroads-is an epic narrative of sports in America during the 1960s. It's hard to imagine two characters better suited to leading roles in the NBA saga: Chamberlain was cast as the athletically gifted yet mercurial titan, while Russell played the role of the stalwart centerpiece of the Boston Celtics dynasty. Taylor delves beneath these stereotypes, detailing how the two opposed and complemented each other and how they revolutionized the way the game was played and perceived by fans. Competing with and against such heroes as Jerry West, Tom Heinsohn, Bob Cousy, John Havlicek, and Elgin Baylor, and playing for the two greatest coaches of the era, Alex Hannum and the fiery Red Auerbach, Chamberlain and Russell propelled the NBA into the spotlight. But their off-court visibility and success-to say nothing of their candor-also inflamed passions along America's racial and generational fault lines. In many ways, Russell and Chamberlain helped make the NBA and, to some extent, America what they are today. Filled with dramatic conflicts and some of the great moments in sports history, and building to a thrilling climax-the 1969 final series, the last showdown between Russell and Chamberlain-The Rivalry has at its core a philosophical question: Can determination and a team ethos, embodied by the ultimate team player, Bill Russell, trump sheer talent, embodied by Wilt Chamberlain? Gripping, insightful, and utterly compelling, the story of Bill Russell and Wilt Chamberlain is the stuff of sporting legend. Written with a reporter's unerring command of events and a storyteller's flair, The Rivalry will take its place as one of the classic works of sports history.

# **Minerals and Man**

As unflinching, candid, and tough as the man himself, The Final Season is Bill Parcell's swan song as head coach in the NFL. During 1999, a grueling, difficult season, Parcell's found his resolve and coaching ability tested at every turn. It wasn't supposed to be like that, though. The two-time champion coach who had guided two different teams to the Super Bowl was expected by fans and pundits to drive the New York jets all the way. After all, they had reached the AFC Championship the year before. But fate would not allow it. In the preseason, respected and longtime owner Leon Hess died, casting a season-long pall of uncertainty over the organization. During training camp, two players were arrested after a bar fight. In the final game of the preseason, Wayne Chrebet one of their top receivers, was injured. Then a huge blow-in the season opener Vinny Testaverde, the Pro Bowl quarterback, ruptured his Achilles tendon and was out for the year. Things grew progressively worse-at one point Parcells had lost nine starters. He also endured personal suffering when his dear friend and agent Robert Fraley died in the same plane crash that killed Payne Stewart. Parcells struggled to keep his team on track, trying to maintain their confidence in the face of enormous odds. \"When you're losing, you coach better. You're on top of every detail. You scrutinize yourself, your coaches, your players, and the system you're using.\" He became his own fiercest critic: \"No matter how long you have coached, no matter how many games you have won, no matter how many playoff games, conference championships, Super Bowls you've won, it's all irrelevant. You are not winning now and that's what counts. You think you suck. You are a loser as a coach.\" Things hit rock bottom when the team went 1-6. But Parcells the coaches, and the players would not lie down. \"If you don't play to win, then you shouldn't play at all.\" Parcells called up every strategic and motivational ploy he could dream up, and through sheer force

of will and a great amount of pride, the jets won seven of their last nine games. In The Final Season, readers will not only get an unsparing look inside one of football's greatest minds and a champion's philosophy but also Parcells frank take on good owners; his battles with \"owner-operators\"; the greatest \"warriors\" he's coached for and against; the players who are \"dogs\"; the game's most challenging coaches; and his seasons with the Giants and the Patriots. Parcells also provides the reasons for retiring from coaching as well as his perspective on Bill Belichick's controversial resignation and eventual departure for New England. A rare, behind-the-scenes football memoir, The Final Season brims with insights and revelations, a testament to a great competitor and future Hall of Famer.

#### The Rivalry

?Even before the start of spring training, Herzog had said, ?If Rich Billings is the starting catcher again, we?re in deep trouble.? When that evaluation was passed along to Billings, he simply nodded and said, ?Whitey, obviously, has seen me play.?? Ø In early 1973, gonzo sportswriter Mike Shropshire agreed to cover the Texas Rangers for the Fort-Worth Star-Telegram, not realizing that the Rangers were arguably the worst team in baseball history. Seasons in Hell is a riotous, candid, irreverent behind-the-scenes account in the tradition of The Bronx Zoo and Ball Four, following the Texas Rangers from Whitey Herzog?s reign in 1973 through Billy Martin?s tumultuous tenure. Offering wonderful perspectives on dozens of unique (and likely never-to-be-seen-again) baseball personalities, Seasons in Hell recounts some of the most extreme characters ever to play the game and brings to life the no-holds-barred culture of major league baseball in the mid-seventies

#### The Final Season

Bill Parcells was living in self-imposed exile from the National Football League sidelines. The Tuna had earned living-legend status after coaching the Giants, Patriots, and Jets from the skid-row district of the NFL and transforming those teams into champions. The final weeks of the 2002 season found Parcells working as an analyst at the ESPN studios. His heart aching, Parcells was like a televangelist with no cripples to heal. The Tuna urgently yearned for another lost cause. In Dallas, Cowboys' owner Jerry Jones—described by author Mike Shropshire as \"a man involved in a heroic struggle to overcome what had been diagnosed as a terminal face-lift/"—was suffering through sleepless nights. Although his once-proud pro football powerhouse traveled beneath a banner that read \"America's Team,\" it had suffered three straight 5-11 seasons. This team was so sick, it had bedsores. After a clandestine meeting aboard Jones's private jet, parked at a New Jersey airport, Parcells agreed to abandon his East Coast roots and travel south to restore life to the Cowboys. The Tuna and Jones needed each other in the worst kind of way, so a shotgun wedding was performed. The pundits of the national media joined hands and shouted, \"Parcells and Jones can't stand each other! They're too set in their ways! It'll never work!\" As usual, the pundits were wrong. With Parcells the ultimate motivator and so-called Jock Whisperer applying his craft, Dallas rolled to a 10-6 regular-season record and shocked the NFL by making the playoffs. When the Tuna Went Down to Texas details the saga of how this unlikely partnership of men \"too brittle for tango lessons, but not yet blind enough for assisted living\" amazed the sports world and serves as absolute proof that while the truth is not always stranger than fiction, it's usually a lot funnier.

#### Seasons in Hell

The first fifty years of America's most popular spectator sport have been strangely neglected by historians claiming to tell the "complete story" of pro football. Well, here are the early stories that "complete story" has left out. What about the awful secret carried around by Sid Luckman, the Bears' Hall of Fame quarterback whose father was a mobster and a murderer? Or Steve Hamas, who briefly played in the NFL then turned to boxing and beat Max Schmeling, conqueror of Joe Louis? Or the two one-armed players who suited up for NFL teams in 1945? Or Steelers owner Art Rooney postponing a game in 1938 because of injuries? These are just a few of the little-known facts Dan Daly unearths in recounting the untold history of pro football in

its first half century. These decades were also full of ideas and experimentation, such as the invention of the modern T formation that revolutionized offense, unlimited player substitution, and soccer-style kicking, as well as the emergence of televised pro football as prime-time entertainment. Relying on obscure sources, original interviews, old game films and statistical databases, Daly's extensive research and engaging stories bring the NFL's formative years—and pro football's folk roots—to life.

#### When the Tuna Went Down to Texas

Every Dad in America wants to raise a resilient kid. \"Four Lessons From My Three Sons\" explains how it's done. Written by a good-natured but unyielding father, this slim volume describes how his off-beat and yet powerful forms of encouragement helped his sons obtain the confidence, character and resilience needed to achieve personal success and satisfaction. This book isn't 300 pages of popular child psychology or a fatherhood \"journey\" filled with meaningless jargon and whining equivocation. It's tough and hard and fast.Nelligan used the everyday word of Dads and sons to punctuate virtuous - and appalling - behavior with comic and sometimes grimly ironic exhortations. \"Dad's sayings\" - as his sons called them - became a pounding soundtrack in the boys' lives, shaping their fundamental perspectives and behaviors. The result? Their bios are inside. In 60 minutes, this book will give Dads a new look at family relationships, parenting boys, and most of all, a new way of interacting with their sons. Contained here are the fundamental steps you can take to raise a confident, alert, and ambitious son. That's because success in anything follows the resilient kid.

#### The National Forgotten League

Weis was taught football by some of the best minds in the game: Bill Parcells and Bill Belichick. Parcells would give him a life-defining break in 1990 by hiring him as an assistant on the New York Giants staff. For a Jersey guy who loved sports, this was a dream come true, especially when Weis won his first championship in his debut year in the NFL. He'd always wanted to be a sports announcer—the next Marv Albert—but he'd caught the coaching bug and was now in a position to learn from the best. And he did, following Parcells to the New England Patriots and then to the New York Jets. Under enormous pressure and exacting standards, Weis flourished and later became offensive coordinator. When Parcells stepped down as coach of the Jets, Weis joined his colleague and friend Bill Belichick, who was the newly named Patriots head coach. Together they would thrive, building a storied franchise, a rare modern-day dynasty that won three Super Bowls in four years. Through it all, Weis designed offensive schemes that would befuddle even the best defenses in the NFL, and he coached a number of players to greatness, including Pro Bowlers Ben Coates, Curtis Martin, and, of course, Tom Brady. The chance of a lifetime arrived in December of 2004: Weis was offered the opportunity to lead one of the most prestigious football schools in the country, Notre Dame—home of coaching legends Knute Rockne, Frank Leahy, Ara Parseghian, Dan Devine, and Lou Holtz. And so began a new chapter in Weis's career. Weis took over a program in dire need of direction, and now he is in the process of building his own legacy with his unique vision. Off the field, Weis faced his other challenges. Seeking to improve his health and lose weight, he decided to get gastric bypass surgery. What he thought would be a routine procedure turned into a nightmare as he nearly bled to death, lapsed into a coma, and was read the last rites. It was a horrifying experience, yet he battled back in inspiring fashion and still demands nothing less of himself despite the long-lasting aftereffects. He has had his joys, too. Weis considers his wife, Maura, his best friend. They have two beautiful children: Charlie, his \"best buddy,\" and Hannah, who he and his wife consider their \"guiding angel.\" Hannah is developmentally delayed and has been the inspiration leading to the establishment of Hannah and Friends, a nonprofit foundation seeking to improve the quality of life for people with special needs. No Excuses is not only illuminating and insightful, it is an extraordinary look inside one of football's greatest minds who has helped shape today's game.

#### Singing

An insider history of the Dallas Cowboys at the NFL draft A singular, transcendent talent can change the

fortunes of a football team instantly. Each year, NFL teams approach the draft with this knowledge, hoping that luck will be on their side and that their extensive scouting and analysis will pay off. In On the Clock: Dallas Cowboys, Calvin Watkins explores the fascinating, rollercoaster history of America's Team at the draft, from Roger Staubach through Emmitt Smith and beyond. Readers will go behind the scenes with top decision-makers as they evaluate, deliberate, and ultimately make the picks they hope will tip the fate of their franchise toward success. From seemingly surefire first-rounders to surprising late selections, this is a must-read for Cowboys faithful and NFL fans eager for a glimpse at how teams are built.

# Investigation of Real Estate Bondholders' Reorganizations, Public Hearings Before a Subcommittee of ... 73:2-74:2

Investigation of Real Estate Bondholders' Reorganizations: Hearings, at Chicago, Ill. Sept. 6-8, 1934; at New York, N.Y. Sept. 25-26, 1934

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