

# Stroke

## The Stroke Book

An essential companion for busy professionals seeking to navigate stroke-related clinical situations successfully and make quick informed treatment decisions.

## Stroke

Offered in print, online, and downloadable formats, this updated edition of *Stroke: Pathophysiology, Diagnosis, and Management* delivers convenient access to the latest research findings and management approaches for cerebrovascular disease. Picking up from where J. P. Mohr and colleagues left off, a new team of editors - Drs. Grotta, Albers, Broderick, Kasner, Lo, Mendelow, Sacco, and Wong - head the sixth edition of this classic text, which is authored by the world's foremost stroke experts. Comprehensive, expert clinical guidance enables you to recognize the clinical manifestations of stroke, use the latest laboratory and imaging studies to arrive at a diagnosis, and generate an effective medical and surgical treatment plan. Abundant full-color CT images and pathology slides help you make efficient and accurate diagnoses. Data from late-breaking endovascular trials equips you with recent findings. Includes comprehensive coverage of advances in molecular biology of cell death; risk factors and prevention; advances in diagnostics and stroke imaging; and therapeutic options, including a thorough review of thrombolytic agents and emerging data for endovascular therapy. Features brand-new chapters on Intracellular Signaling: Mediators and Protective Responses; The Neurovascular Unit and Responses to Ischemia; Mechanisms of Cerebral Hemorrhage; Stroke Related to Surgery and Other Procedures; Cryptogenic Stroke; and Interventions to Improve Recovery after Stroke. Highlights new information on genetic risk factors; primary prevention of stroke; infectious diseases and stroke; recovery interventions such as robotics, brain stimulation, and telerehabilitation; and trial design. Details advances in diagnostic tests, such as ultrasound, computed tomography (including CT angiography and CT perfusion), MRI (including MR perfusion techniques), and angiography. Includes extracted and highlighted evidence levels. Expert Consult eBook version included with print purchase. This enhanced eBook experience allows you to search all of the text, figures, and references on a variety of devices. The content can also be downloaded to tablets and smart phones for offline use. Combat stroke with the most comprehensive and updated multimedia resource on the pathophysiology, diagnosis, and management of stroke from leaders in the field

## Life After Stroke

In this compassionate guide, three expert physicians who treat people with stroke describe how to navigate the path to recovery. Their practical advice on treatment, rehabilitation, and lifestyle changes is also designed to help prevent another stroke. Drs. Stein, Silver, and Frates begin by explaining how stroke occurs and what happens when different parts of the brain are injured. They describe diagnostic tools such as CT scans and MRIs as well as medications used to prevent and treat stroke, and they explain in detail how stroke survivors can heal optimally. They also set out plans to help survivors reduce the risk of another stroke, including the Stroke Savvy Exercise Plan and Stroke Savvy Diet Plan. Relating patients' experiences and bringing readers up to date on promising new treatments, *Life After Stroke* offers hope to stroke survivors and their families.

## Healing the Broken Brain

Three experts on stroke recovery share their knowledge and advice for stroke survivors and their families. Dealing with the onslaught of information about stroke can be confusing and overwhelming. And if you

happen to be a stroke survivor with newly impaired language skills, it can be especially hard to comprehend everything your doctors, nurses, and specialists are telling you. This book consists of the top 100 questions that survivors and their families ask, with answers from the top physicians and therapists in the country. The questions start out basic but then get more specific to address different areas of recovery. And, for stroke survivors still struggling with reading comprehension, or for family members who are simply too tired to read long passages, there are Takeaway Points at the end of each chapter to help simplify everything. Includes answers to frequently asked questions such as: · What is a stroke, and who is at risk for one? · What is the best diet for a stroke survivor? · How does group therapy compare to individual therapy? · What should a stroke survivor look for in a therapist? · How long will it take to recover, and how can stroke survivors maximize their recovery? · What can someone do to prevent having another stroke? In this book, you'll gain a wealth of information, inspiration, advice, and support as you navigate your journey through stroke recovery.

## **Conquering Stroke**

"A true story of triumph over tragedy, this book is a must-have guide for anyone affected by stroke." —William S. Maxfield "Valerie Greene's courage, persistence, and willingness to search for the healing energies within her have shifted her body, mind, and spirit. Her story is an inspiration to all." —Donna Eden Stroke is the third leading cause of death in the United States today and the leading cause of adult disability. Now Valerie Greene, a stroke survivor whose recovery surpassed even the most optimistic expectations, uses her own dramatic, inspiring, and eye-opening story to illustrate and deliver the important practical information you and your loved ones need to prevent, recognize, minimize, and recover from stroke.

## **Neuroprotective Therapy for Stroke and Ischemic Disease**

A critical and comprehensive look at current state-of-the-art scientific and translational research being conducted internationally, in academia and industry, to address new ways to provide effective treatment to victims of ischemic and hemorrhagic stroke and other ischemic diseases. Currently stroke can be successfully treated through the administration of a thrombolytic, but the therapeutic window is short and many patients are not able to receive treatment. Only about 30% of patients are "cured" by available treatments. In 5 sections, the proposed volume will explore historical and novel neuroprotection mechanisms and targets, new and combination therapies, as well as clinical trial design for some of the recent bench-side research.

## **Occupational Therapy and Stroke**

Occupational Therapy and Stroke guides newly qualified occupational therapists (and those new to the field of stroke management) through the complexities of treating people following stroke. It encourages and assists therapists to use their skills in problem solving, building on techniques taught and observed as an undergraduate. Written and edited by practising occupational therapists, the book acknowledges the variety of techniques that may be used in stroke management and the scope of the occupational therapist's role. Chapters span such key topics as early intervention and the theoretical underpinnings of stroke care, as well as the management of motor, sensory, cognitive and perceptual deficits. They are written in a user-friendly style and presented in a form that enables the therapist to review the subject prior to assessment and treatment planning. Complex problems are grouped together for greater clarity. This second edition has been fully revised and updated in line with the WHO ICF model, National Clinical Guidelines and Occupational Therapy standards. It is produced on behalf of the College of Occupational Therapists Specialist Section - Neurological Practice.

## **Clinical Pathways in Stroke Rehabilitation**

This open access book focuses on practical clinical problems that are frequently encountered in stroke rehabilitation. Consequences of diseases, e.g. impairments and activity limitations, are addressed in

rehabilitation with the overall goal to reduce disability and promote participation. Based on the available best external evidence, clinical pathways are described for stroke rehabilitation bridging the gap between clinical evidence and clinical decision-making. The clinical pathways answer the questions which rehabilitation treatment options are beneficial to overcome specific impairment constellations and activity limitations and are well acceptable to stroke survivors, as well as when and in which settings to provide rehabilitation over the course of recovery post stroke. Each chapter starts with a description of the clinical problem encountered. This is followed by a systematic, but concise review of the evidence (RCTs, systematic reviews and meta-analyses) that is relevant for clinical decision-making, and comments on assessment, therapy (training, technology, medication), and the use of technical aids as appropriate. Based on these summaries, clinical algorithms / pathways are provided and the main clinical-decision situations are portrayed. The book is invaluable for all neurorehabilitation team members, clinicians, nurses, and therapists in neurology, physical medicine and rehabilitation, and related fields. It is a World Federation for NeuroRehabilitation (WFNR) educational initiative, bridging the gap between the rapidly expanding clinical research in stroke rehabilitation and clinical practice across societies and continents. It can be used for both clinical decision-making for individuals and as well as clinical background knowledge for stroke rehabilitation service development initiatives.

## **Psychological Management of Stroke**

Psychological Management of Stroke presents a review and synthesis of the current theory and data relating to the assessment, treatment, and psychological aspects of stroke. Provides comprehensive reviews of evidence based practice relating to stroke Written by clinical psychologists working in stroke services Covers a broad range of psychological aspects, including fitness to drive, decision making, prevention of stroke, and involvement of carers and families Reviews and synthesizes new data across a wide range of areas relevant to stroke and the assessment, treatment, and care of stroke survivors and their families Represents a novel approach to the application of psychological theory and principles in the stroke field

## **Precision Medicine in Stroke**

This book provides a comprehensive coverage of the state of the art in precision medicine in stroke. It starts by explaining and giving general information about precision medicine. Current applications in different strokes types (ischemic, haemorrhagic) are presented from diagnosis to treatment. In addition, ongoing research in the field (early stroke diagnosis and estimation of prognosis) is extensively discussed. The final part provides an in-depth discussion of how different interdisciplinary areas like artificial intelligence, molecular biology and genetics are contributing to this area. Precision Medicine in Stroke provides a practical approach to each chapter, reinforcing clinical applications and presenting clinical cases. This book is intended for all clinicians that interact with stroke patients (neurologists, internal medicine doctors, general practitioners, neurosurgeons), students and basic researchers.

## **Stronger After Stroke**

"Billions of dollars are spent on stroke-related rehabilitation research and treatment techniques but most are not well communicated to the patient or caregiver. As a result, many stroke survivors are treated with outdated or ineffective therapies. Stronger After Stroke puts the power of recovery in the reader's hands by providing simple to follow instructions for reaching the highest possible level of healing. Written for stroke survivors, their caregivers, and loved ones, Stronger After Stroke presents a new and more effective treatment philosophy that is startling in its simplicity: stroke survivors recover by using the same learning techniques that anyone uses to master anything. Basic concepts are covered, including: Repetition of task-specific movements Proper scheduling of practice Challenges at each stage of recovery Setting goals and recognizing when they have been achieved The book covers the basic techniques that can catapult stroke survivors toward maximum recovery. Stronger After Stroke bridges the gap between stroke survivors and what they desperately need: easily understandable and scientifically accurate information on how to achieve

optimal rehabilitation.\"

## **Recovery After Stroke**

Covering neuroscience and rehabilitation strategies, an essential handbook and reference for multidisciplinary stroke rehabilitation teams.

## **Stroke Recovery and Rehabilitation**

A Doody's Core Title 2012 *Stroke Recovery and Rehabilitation* is the new gold standard comprehensive guide to the management of stroke patients. Beginning with detailed information on risk factors, epidemiology, prevention, and neurophysiology, the book details the acute and long-term treatment of all stroke-related impairments and complications. Additional sections discuss psychological issues, outcomes, community reintegration, and new research. Written by dozens of acknowledged leaders in the field, and containing hundreds of tables, graphs, and photographic images, *Stroke Recovery and Rehabilitation* features:

- The first full-length discussion of the most commonly-encountered component of neurorehabilitation
- Multi-specialty coverage of issues in rehabilitation, neurology, PT, OT, speech therapy, and nursing
- Focus on therapeutic management of stroke related impairments and complications
- An international perspective from dozens of foremost authorities on stroke
- Cutting edge, practical information on new developments and research trends

*Stroke Recovery and Rehabilitation* is a valuable reference for clinicians and academics in rehabilitation and neurology, and professionals in all disciplines who serve the needs of stroke survivors.

## **When Your Spouse Has a Stroke**

A stroke can alter two people's lives in an instant. For the person who has had a stroke, simple tasks suddenly become difficult or impossible. For that person's partner, life seems to revolve mostly around the stroke survivor's needs. Such a drastic change naturally requires making many, sometimes taxing, adjustments. In this book, two experts in stroke recovery help couples deal with the impact of stroke on their lives and their relationship. Drs. Sara and Jeffrey Palmer explain how to overcome three major challenges:

- providing quality care for your partner
- maintaining or rebuilding your relationship
- caring for yourself as an individual

The book invites you into the lives of real couples who are themselves coping with these challenges. Their experiences model how you can improve essential aspects of your relationship, including communication, roles and responsibilities, and sexuality. A list of practical tips summarizes each chapter, providing a handy reference guide to meeting each day's challenges. More than just a discussion of the medical and practical aspects of stroke and stroke recovery, this book focuses on the emotional, psychological, and social consequences of stroke and the deeply personal side of caregiving. *When Your Spouse Has a Stroke* will relieve your burden and strengthen your partnership.

## **Cerebral Small Vessel Disease**

Up-to-date discussion of the etiology, diagnosis, treatment, and prevention of this common cause of stroke and cognitive impairment.

## **Disease Control Priorities, Third Edition (Volume 5)**

Cardiovascular, respiratory, and related conditions cause more than 40 percent of all deaths globally, and their substantial burden is rising, particularly in low- and middle-income countries (LMICs). Their burden extends well beyond health effects to include significant economic and societal consequences. Most of these conditions are related, share risk factors, and have common control measures at the clinical, population, and policy levels. Lives can be extended and improved when these diseases are prevented, detected, and

managed. This volume summarizes current knowledge and presents evidence-based interventions that are effective, cost-effective, and scalable in LMICs.

## **Posterior Circulation Stroke**

This book, written by renowned experts from across the world, provides readers with a detailed and up-to-date understanding of posterior circulation stroke and its management. Anatomy, pathophysiology, clinical syndromes, and imaging findings are clearly and thoroughly described with the aid of illustrative cases and schematic drawings. The management-oriented chapters explain all forms of treatment, including the use of antiplatelet agents and anticoagulants, thrombolysis, mechanical thrombectomy, stenting, and surgical therapy, i.e., bypass and decompression. Throughout, full account is taken of recent significant advances in knowledge and clinical practice. Stroke affecting the posterior circulation continues to pose particular challenges for clinicians. This book will help readers to avoid misdiagnosis, which still occurs far too frequently, and to manage individual patients optimally. It will be an excellent learning resource for residents in neurology, neurosurgery, radiology, interventional radiology, and vascular surgery, as well as an ideal reference for more experienced practitioners in these specialties.

## **Stroke Revisited: Diabetes in Stroke**

This book presents state of the art knowledge on diabetes in stroke, covering both basic and clinical aspects in detail. The focus is in particular on two major areas: general knowledge of diabetes and diabetes from a stroke neurologist's perspective. Readers will find up-to-date information on glucose metabolism, the pathophysiology of diabetes, the clinical significance of diabetes in stroke, the differential influence of diabetes on stroke mechanisms, principles of diabetes care, advances in treatment options, and clinical practice in the real world. The individual components of pathophysiology, management, and key issues are fully addressed with the aid of complementary illustrations that facilitate understanding of practical aspects and enable the reader to retrieve fundamental information quickly. The book is timely in bringing together within one volume the most important current knowledge on diabetes in stroke. It will be invaluable for stroke physicians, epidemiologists, and students seeking to acquire up-to-date knowledge.

## **My Stroke of Insight**

"Transformative...[Taylor's] experience...will shatter [your] own perception of the world."—ABC News  
The astonishing New York Times bestseller that chronicles how a brain scientist's own stroke led to enlightenment On December 10, 1996, Jill Bolte Taylor, a thirty-seven-year-old Harvard-trained brain scientist experienced a massive stroke in the left hemisphere of her brain. As she observed her mind deteriorate to the point that she could not walk, talk, read, write, or recall any of her life—all within four hours—Taylor alternated between the euphoria of the intuitive and kinesthetic right brain, in which she felt a sense of complete well-being and peace, and the logical, sequential left brain, which recognized she was having a stroke and enabled her to seek help before she was completely lost. It would take her eight years to fully recover. For Taylor, her stroke was a blessing and a revelation. It taught her that by "stepping to the right" of our left brains, we can uncover feelings of well-being that are often sidelined by "brain chatter." Reaching wide audiences through her talk at the Technology, Entertainment, Design (TED) conference and her appearance on Oprah's online Soul Series, Taylor provides a valuable recovery guide for those touched by brain injury and an inspiring testimony that inner peace is accessible to anyone.

## **Broken Movement**

An account of the neurobiology of motor recovery in the arm and hand after stroke by two experts in the field. Stroke is a leading cause of disability in adults and recovery is often difficult, with existing rehabilitation therapies largely ineffective. In *Broken Movement*, John Krakauer and S. Thomas Carmichael, both experts in the field, provide an account of the neurobiology of motor recovery in the arm and hand after

stroke. They cover topics that range from behavior to physiology to cellular and molecular biology. *Broken Movement* is the only accessible single-volume work that covers motor control and motor learning as they apply to stroke recovery and combines them with motor cortical physiology and molecular biology. The authors cast a critical eye at current frameworks and practices, offer new recommendations for promoting recovery, and propose new research directions for the study of brain repair. Krakauer and Carmichael discuss such subjects as the behavioral phenotype of hand and arm paresis in human and non-human primates; the physiology and anatomy of the motor system after stroke; mechanisms of spontaneous recovery; the time course of early recovery; the challenges of chronic stroke; and pharmacological and stem cell therapies. They argue for a new approach in which patients are subjected to higher doses and intensities of rehabilitation in a more dynamic and enriching environment early after stroke. Finally they review the potential of four areas to improve motor recovery: video gaming and virtual reality, invasive brain stimulation, re-opening the sensitive period after stroke, and the application of precision medicine.

## **Stroke For Dummies**

Features tons of advice for recovery and rehabilitation Get the latest on the symptoms, diagnosis, and treatment of stroke Have questions and concerns about strokes? This reassuring guide provides invaluable information for stroke victims and their loved ones, from what a stroke is and what it feels like to proven treatments and therapies. You'll see how to implement a plan for preventing stroke, treat the lingering effects of stroke, and maximize home caregiver effectiveness while minimizing fatigue. Discover how to: Understand what causes different types of stroke Recognize warning signs Get the most out of doctors and hospitals Speed recovery with the best treatments Help prevent future strokes Decide the best living arrangements after stroke

## **The Code Stroke Handbook**

A 65-year-old patient arrives at the Emergency Department with stroke symptoms that began 45 minutes ago. You are called STAT! Acute stroke management has changed dramatically in recent years. Tremendous advances have been made in acute treatments, diagnostic neuroimaging, and organized systems of care, and are enabling better outcomes for patients. Stroke has evolved from a largely untreatable condition in the acute phase to a true medical emergency that is potentially treatable—and sometimes curable. The Code Stroke emergency response refers to a coordinated team-based approach to stroke patient care that requires rapid and accurate assessment, diagnosis, and treatment in an effort to save the brain and minimize permanent damage. The Code Stroke Handbook contains the "essentials" of acute stroke to help clinicians provide best practice patient care. Designed to assist frontline physicians, nurses, paramedics, and medical learners at different levels of training, this book highlights clinical pearls and pitfalls, guideline recommendations, and other high-yield information not readily available in standard textbooks. It is filled with practical tips to prepare you for the next stroke emergency and reduce the anxiety you may feel when the Code Stroke pager rings. - An easy-to-read, practical, clinical resource spread over 12 chapters covering the basics of code stroke consultations: history-taking, stroke mimics, neurological examination, acute stroke imaging (non-contrast CT/CT angiography/CT perfusion), and treatment (thrombolysis and endovascular therapy) - Includes clinical pearls and pitfalls, neuroanatomy diagrams, and stroke syndromes, presented in an easily digestible format and book size that is convenient to carry around for quick reference when on-call at the hospital - Provides foundational knowledge for medical students and residents before starting your neurology, emergency medicine, or internal medicine rotations

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of stroke, and maximize home caregiver effectiveness while minimizing fatigue. Discover how to:  
Understand what causes different types of stroke Recognize warning signs Get the most out of doctors and hospitals Speed recovery with the best treatments Help prevent future strokes Decide the best living arrangements after stroke

## **Oxford Textbook of Stroke and Cerebrovascular Disease**

Part of the Oxford Textbooks in Clinical Neurology (OTCN) series, this practical volume covers the current pedagogic principles of stroke disease and care, including the acute hospital phase, public health issues, prevention, long-term management, and silent vascular disease.

## **Creep**

In this provocative book, Jonathan Alexander interweaves personal narrative and cultural analyses to explore what it means to be a creep. Calling this work a critical memoir, he draws on his own experiences growing up gay in the deep south, while also interrogating examples from literature and popular film and media, to approach the figure of the creep with some sympathy. Ranging widely over contemporary culture, especially the ever-creeping presence of nearly ubiquitous surveillance, Alexander confesses his own creepiness while also explaining to us what being creepy can show us in turn about our culture. He also resurrects some famous \"creeps\" from the past, such as J.R. Ackerley, to explore what makes a creep creepy, and how even the best of us succumb at times to being creeps.

## **The Stroke Recovery Book**

...you are probably frightened, worried, and consumed with questions. What can you expect from recovery? How much rehabilitation will be needed?

## **Stroke Revisited: Diagnosis and Treatment of Ischemic Stroke**

This book presents state of the art knowledge on stroke management in a unique organizational style. Ischemic stroke is extensively covered, with inclusion of overviews that dynamically describe all relevant diagnostic and therapeutic processes in a time sequence mirroring real practice. The individual components of management and key issues are fully discussed with the aid of complementary illustrations that facilitate understanding of practical aspects and enable the reader to retrieve fundamental information quickly. In addition, the book considers the various causes of stroke and provides detailed guidance on means of secondary prevention. The recent demonstration of the substantial benefit of intra-arterial thrombectomy using stentrievors in patients with acute ischemic stroke represents a great moment in the history of stroke management. As we embark on a new era, there is an urgent need to review and evaluate current modalities for stroke diagnosis and treatment. In tackling this task, this book will be invaluable for physicians, angiographic interventionists, surgeons, and students seeking to acquire up-to-date knowledge on stroke.

## **Neurosonology and Neuroimaging of Stroke**

HIGHLY COMMENDED by the BMA Medical Book Awards for Neurology! Neurosonology and Neuroimaging of Stroke: A Comprehensive Reference Neurosonology is a first-line modality in the diagnosis and management of cerebrovascular disease and especially of stroke. In this new edition of Neurosonology and Neuroimaging of Stroke, this noninvasive, realtime imaging method has been given expanded coverage, particularly for its clinical utility. As in the first edition, the new edition offers both a clear overview of the principles of neurosonology and a casebook exploring critical cerebrovascular problems. Ultrasound anatomy, technical aspects of clinical application, and the advantages and limitations of ultrasound are reviewed and contrasted to conventional, magnetic resonance, and computed tomography angiography.

Forty-five selected cases from the authors' extensive collections at Charite - Universitätsmedizin Berlin and the Center of Neurology in Bad Segeberg, Germany, are then discussed. The patient histories and working diagnoses are followed by detailed assessments of the extra- and intracranial color-coded duplex sonographic findings and additional diagnostic procedures. The relevant clinical aspects are presented in a compact, comprehensible way, and for the majority of the cases videos are available in the Thieme MediaCenter, providing further in-depth understanding of the full potential of the method. Features: Complete extra- and intracranial arterial and venous ultrasound examination New techniques: ultrasound fusion imaging, ultrafast ultrasound, contrast application More than 1,300 high-quality illustrations, including full-color duplex images Fifteen newly selected cases on conditions such as subarachnoid hemorrhage and dural fistula, as well as rare stroke causes including sickle cell disease and reversible cerebral vasoconstriction syndrome Revision of many cases from the first edition More than 60 new video clips (for a total of 130) available at the Thieme MediaCenter, bringing ultrasound anatomy and challenging cases to your monitor! Neurosonology and Neuroimaging of Stroke, Second Edition, offers neurologists, neuroradiologists, and all physicians treating patients with cerebrovascular disease an authoritative introduction and guide to this powerful diagnostic tool.

## **What you need to know about stroke**

Accurate diagnosis, appropriate investigation, reliable risk stratification, and urgent treatment are essential after TIA and minor stroke and can reduce the risk of stroke recurrence by up to 80%. This book reviews recent developments in each of these areas. To reflect the fact that TIAs and minor strokes are simply one end of the clinical spectrum of cerebrovascular disease, the book also covers the management of major stroke, and long-term outcomes - such as cognitive impairment - which can complicate all types of cerebrovascular events. The book is therefore a comprehensive primer in stroke medicine. Written by a leading team of researchers in the field, this book will be of interest to neurologists, stroke physicians, and all others with an interest in stroke.

## **Transient Ischemic Attack and Stroke**

You've been working on healing your brain since day one of rehab. But when results start to slow down or you start to feel stuck, then you may have overlooked an equally important part of recovery: Happiness. By harnessing the power of positive psychology, you can boost self-esteem, overcome depression, break through plateaus, and find the motivation to achieve an amazing recovery. This inspiring self-help guide, complete with practical exercises and essential habits, provides a much needed pep-talk for every stroke survivor on their road to recovery. Based on scientific evidence, stories from stroke survivors, and years of self-help research, *Healing and Happiness after Stroke* has everything you need to get back on your feet and become a stronger version of yourself.

## **Stroke**

Neurologists learn from their patients, and this selection of 60 stroke cases will inform and challenge clinicians at all stages in their careers. Including both common and unusual cases, the aim is to reinforce diagnostic skills through careful analysis of individual presenting patterns, and to guide treatment decisions. Each case consists of a clinical history, examination findings and special investigations, usually involving imaging before a diagnosis is given. There then follows for each case a discussion of the clinical issues raised by the case, in which the main teaching points are emphasized. Selected references, frequently including the first description, are provided at the conclusion of each case. Drawing on the expertise of leading teachers and practitioners, and liberally illustrated, these case studies and the discussions that accompany them are an essential guide to learning the complexity of stroke diagnosis.

## **Healing and Happiness After Stroke**

This book contains various difficulty levels of Diagonal Word Square Puzzles: Find the missing letters; each



row, and the diagonal will spell a word. Puzzles are valuable tools in the hands of people who experience the cognitive and physical deficits frequently associated with stroke. Inability to pay attention is common for stroke survivors. Other deficits may include comprehension, reading and writing. The human brain is extremely flexible and it can be rewired for full functioning after a stroke. To learn how to pay better attention, stroke patients can solve puzzles that require focus. Others skills targeted by puzzle solving (which may improve comprehension, reading, and writing) include speech, concentration, memory, word-finding, and motor skills. When puzzles are used for stroke patients, the key is to choose a puzzle that is effective and enjoyable for the patient. The puzzles in this book are effective because they can be completed easily and in short amount of time, usually in a single sitting. Because they are not difficult, solving them imparts a sense of accomplishment. Puzzle contents stimulate emotions and memories, conversation and reminiscing. Puzzles are a great brain exercise and memory activity that captures and improves attention. Puzzles encourage the use of problem solving skills. In addition, they are fun; patients relax, smile, and laugh. The truth is, there is no real limit on the benefit we can derive from brain puzzles. They have been used throughout history for recreation, as medicine, as meditation, as a source of beauty. While this book is aimed directly at stroke survivors it is highly recommended to caregivers and loved ones as well because puzzle solving is a natural team activity.

## **Case Studies in Stroke**

Stroke by Stroke is a pairing of two of Henri Michaux's most suggestive texts, *Stroke by Stroke* (Par des traits, 1984) and *Grasp* (Saisir, 1979), written towards the end of his life. Michaux's ideogrammic ink drawings accompany his poetic explorations of animals, humans, and the origins of language. This series of verbal and pictorial gestures is at once explosive and contemplative. Michaux emerges at his most Zen.

## **Puzzles for Stroke Patients**

Awareness and preparedness for potential complications in the aftermath of acute stroke is as important as initial treatment to achieve favorable clinical outcomes. *Complications of Acute Stroke: A Concise Guide to Prevention, Recognition, and Management* is the first book to focus exclusively on specific post-acute stroke complications that require timely and urgent attention. This practical, evidence-based guide is written for clinicians who provide in-hospital care to stroke patients and covers the broad range of medical and neurological issues that may manifest in the first 24 to 72 hours following ischemic or hemorrhagic stroke. This book will assist neurologists, neurosurgeons, intensivists, hospitalists, and other team members in the optimal management of acute stroke patients. It provides a roadmap for assessing risk and monitoring, recognizing, and managing emergent problems that can lead to neurological deterioration or worsening. Chapters by specialists on the frontlines are formatted with structured headings that detail pathophysiology, preventive measures, identification, and management strategies. For quick and targeted reference at the point of care, boxed "Key Points"

## **Stroke by Stroke**

During her career as a clinician and researcher, Christine H. Davis has worked with and written about the phenomenon of aphasia. Aphasia leads to word- and sentence-formation difficulties and is associated with damage to the left hemisphere of the brain often from strokes or tumors. Davis was urged by stroke survivor, Michael W. Maher, to write these stories as a valuable contribution to the aphasia literature as experienced by her patients. These stories are from the survivor's perspective as they struggle to express themselves. Their battle to join their families and communities says much about what is crucial about language and the meaning of being human. The book is divided into sections by aphasia type: anomic, Broca's, Wernicke's and mixed aphasia. Within each section survivors and their families explain their recovery from the onset of the stroke through discharge home and into a meaningful life forward. Through the testimony of thirteen stroke survivors and seventeen of their family members, you gain an understanding of aphasia and the remarkable resilience of these survivors and their families.

## Had a Stroke? Now What?

This complete resource captures state-of-the-art strategies and the accelerated pace of discovery that is revolutionizing what is known about ischemic stroke and its treatment. Therapeutics for acute management, secondary prevention, recovery, rehabilitation, asymptomatic cerebral ischemia, and implementation of stroke systems of care are all discussed in this comprehensive yet practical guide. Chapters are authored by leading academicians with extensive clinical practice experience from all over the world and feature the scientific evidence behind prevailing therapeutic strategies for managing ischemic cerebrovascular disease. The specialist or general practitioner will gain critical knowledge in stroke management, current clinical challenges and promising new therapies under investigation.

## Complications of Acute Stroke

Strokes afflict thousands of people every year. Yet, for every fatal case, many more victims survive, often going on to live long, productive lives. Of course, none of it is simple-not preventing a \"brain attack,\" nor survival, rehabilitation, or living with cerebrovascular disease. The key is education, for both the moment of crisis and the long term. Navigating the Complexities of Stroke provides a practical guide for the lay public and medical professionals. Dr. Louis R. Caplan, one of the world's leading experts, guides readers through the subject in a straightforward and accessible manner. He examines the anatomy of the brain, explaining the specialized functions of different regions, and describes the flow of blood from the heart. He turns to the mechanics of the stroke itself, clearly discussing the complexities of the two major kinds-the ischemic and hemorrhagic-and the resulting damage. Most helpfully, Caplan offers information and advice that readers will find immediately useful: the medical conditions and other factors that create risk, stroke symptoms, abnormalities that doctors look for, tests available to evaluate strokes, complications and disabilities that can result, and the paths of treatment and rehabilitation. He offers real-life cases of victims and their families that demonstrate successful recovery, but also reveal the sometimes troubling impact of strokes on survivors and their families, who can suffer frustration and demoralization that the medical profession often overlooks in its biological focus. Caplan also examines strokes in children and young adults, who are often neglected in literature that is largely aimed at seniors. Navigating the Complexities of Stroke empowers victims, families, and general medical providers. It puts in readers' hands the knowledge necessary to avoid strokes, address them quickly, and effectively recover, so they won't lose heart when it is needed most.

## So, You've Had a Stroke

### Ischemic Stroke Therapeutics

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