

# Starters

## Starters

An international bestseller published in over thirty countries, this riveting sci-fi dystopic thriller is “a bona fide page-turner.” --MTV.com Callie lost her parents when the Spore Wars wiped out everyone between the ages of twenty and sixty. She and her little brother, Tyler, go on the run, living as squatters with their friend Michael and fighting off renegades who would kill them for a cookie. Callie’s only hope is Prime Destinations, a disturbing place in Beverly Hills run by a mysterious figure known as the Old Man. He hires teens to rent their bodies to Enders—seniors who want to be young again. Callie, desperate for the money that will keep her, Tyler, and Michael alive, agrees to be a donor. But the neurochip they place in Callie’s head malfunctions and she wakes up in the life of her renter. Callie soon discovers that her renter intends to do more than party—and that Prime Destinations’ plans are more evil than she could ever have imagined. . . . Includes Portrait of a Spore, a never-before-published short story that takes place in the world of STARTERS. Praise for STARTERS: “A smart, swift, inventive, altogether gripping story.” —#1 New York Times bestselling author DEAN KOONTZ “Compelling, pulse-pounding, exciting . . . Don’t miss it!” —New York Times bestselling author Melissa Marr “Readers who have been waiting for a worthy successor to Suzanne Collins’s *The Hunger Games* will find it here. Dystopian sci-fi at its best.” —Los Angeles Times “Intriguing, thought-provoking and addictive.” —BookReporter.com “Readers will stay hooked. . . . Constantly rising stakes keep this debut intense.” —Kirkus Reviews “Fast-paced dystopian fiction. . . . The inevitable sequel can’t appear soon enough.” —Booklist “Intriguing, fast-paced . . . Fans of dystopian novels will be completely engaged and clamoring for the sequel.” —School Library Journal “Addictive and alluring.” —Examiner.com “Chilling and riveting.” —Shelf-Awareness.com “A must-read for fans of *The Hunger Games* and *Legend*. Fast-paced, romantic, and thought-provoking.” —Justine

## Enders

The riveting conclusion to the international bestselling sci-fi thriller STARTERS! Would you rent out your body to the elderly so they could be young again? Someone is after Starters like Callie and Michael—teens with chips in their brains. They want to experiment on anyone left over from Prime Destinations—Starters who can be controlled and manipulated. With the body bank destroyed, Callie no longer has to rent herself out to creepy Enders. But Enders can still get inside her mind and make her do things she doesn’t want to do. Like hurt someone she loves. Having the chip removed could save her life—but it could also silence the voice in her head that might belong to her father. Callie has flashes of her ex-renter Helena’s memories, too . . . and the Old Man is back, filling her with fear. Who is real and who is masquerading in a teen body? No one is ever who they appear to be, not even the Old Man. Determined to find out who he really is and grasping at the hope of a normal life for herself and her younger brother, Callie is ready to fight for the truth. Even if it kills her. Praise for ENDERS: “Adrenaline-fueled . . . Fans of Starters will gobble this up.” —Booklist “Delightfully disturbing.” —Kirkus Reviews “A thrilling post-apocalyptic story that will keep readers on the edge of their seats from start to finish.” --Children’s Literature

## Story Starters

“A story starter suspends a student in the middle of a predicament. He is then faced with the question, “What happens next?” This is his cue to expand and embellish the story however he wants” --P. [4] of cover.

## **The Ultimate Book of Song Starters**

Stuck? Blocked? Short of inspiration? Don't be - get writing instead. The Ultimate Book of Song Starters is the game-changing compilation of 501 powerful, creative and varied ideas for writing new songs in any genre or style. The starters include song prompt-style idea starters to get you inspired by new situations and concepts. They include word starters to help you find interesting new titles. They include chord starters and rhythm starters to stimulate inventive grooves and catchy melodies. There are also plenty of interesting miscellaneous starters that will get you thinking about songwriting in new and fresh ways. If you're ready to step out of your comfort zone or feel like you're spending too long thinking up song ideas instead of writing - you don't have to sit around waiting for inspiration to hit you. Dive into The Ultimate Book of Song Starters and never be short of an exciting new song idea again.

## **The Late Starters Orchestra**

A middle-aged professor with back problems recounts his experiences in taking up the cello after 25 years of not playing, and describes his participation in an amateur string orchestra that welcomes adult players who haven't practiced in years.

## **Lit Chat**

Get the conversation started—at your book club, writer's group, or any friendly get-together—with these 100 reading-themed questions. Some invoke books that are tied to memories (name your favorite childhood picture book); others prompt you to choose ideal reading material for a hypothetical situation (if you were stranded on a desert island, what book would you want with you?). Some of them aim to get people comparing their favorite (and not-so-favorite) characters or authors, and others engage in popular debates among readers (name a movie adaptation you liked and defend your choice). Created to give readers of all persuasions an excuse to talk about books, ideas, and life itself, this collection from the largest independent community for book lovers in North America is a delight for any bibliophile. Reading is a solitary experience—but being a reader is a shared experience, and that shared experience is what Lit Chat is all about.

## **The New Seed-Starters Handbook**

Starting plants from a seed grants earlier harvests, greater variety, healthier seedlings, lower costs, and the undeniable sense of satisfaction and reward. For the most complete, up-to-date information on starting plants from seed, turn to The New Seed-Starter's Handbook. Written by a gardener with 30 years of experience, this updated, easy-to-use reference explains everything you need to know to start seeds and raise healthy seedlings successfully. You'll find: - The latest research in seed starting - The best growing media - The newest gardening materials - Solutions to seed-starting problems - Source lists for seeds and hard-to-find gardening supplies The robust encyclopedia section lists more than 200 plants—including vegetables and fruits, garden flowers, wildflowers, herbs, trees, and shrubs—with details on how to start each from seed.

## **Bread Baking for Beginners**

Bread Baking for Beginners offers the easiest tutorials and recipes to make every bread lover into a home baker. Flour, yeast, water, and salt --even with the simplest of ingredients, making homemade bread can be a daunting task if you've never done it before. From total scratch to your first batch, Bread Baking for Beginners offers simple, user-friendly tutorials and recipes to mix, knead, and enjoy freshly baked loaves at home. Bonnie Ohara, a self-taught baker who runs a micro-bakery out of her own kitchen, preps home cooks with clear explanations of the bread making process and basic techniques. Complete with photographs to help guide you, this bread cookbook offers 32 recipes for kneaded breads, no-knead breads, and enriched breads that prove you can bake your bread, and eat it too. From mixing ingredients to taking your first loaf

out of the oven, this bread cookbook shows new bakers how to do it all with: An essential introduction that thoroughly explains the bread making process, popular techniques, and basic equipment to stock your kitchen with Master recipe tutorials that accompany each chapter with a basic recipe formula, and progressively introduce new techniques as you advance through the recipes 32 fool-proof recipes that range from savory to sweet breads, and include Focaccia, Pizza, Whole Grains, Brioche, Challah, Sourdough, and more! When you're ready to get your hands floury, Bread Baking for Beginners serves up the recipes and tutorials you need to bring the aroma of perfectly baked loaves to your home.

## **52 New Testament Sermon Starters**

As a Bible teacher, preacher, evangelist, or pastor, finding time for proper sermon preparation in today's multi-tasked world becomes increasingly challenging. 52 Sermon Starters Volume One can help! It covers topics such as: How Does the Christian Influence the World? God's Spirit in Control of our Lives How to Live Victoriously in an Evil World Feel Rich with what You Have This book is a compilation of selected outlines which were previously published in a long-time published magazine called Pulpit Helps, a publication distributed to over 100,000 pastors and teachers of the Bible. These outlines were written to meet the need of those who follow the Lectionary, a system used by a number of churches, and are as relevant and applicable today as they were when first published, espousing the timeless truths of God's Word. Each outline follows in order from Matthew to Revelation, one for each week of the year. The unique features of this book include: A key verse given for each outline that is the focus of the entire passage covered An index of Greek words listing each Greek word (transliterated) mentioned in the outlines along with a definition Scripture references showing where a particular word is found (if applicable)

## **Math Starters**

A revised edition of the bestselling activities guide for math teachers Now updated with new math activities for computers and mobile devices—and now organized by the Common Core State Standards—this book includes more than 650 ready-to-use math starter activities that get kids quickly focused and working as soon as they enter the classroom. Ideally suited for any math curriculum, these high-interest problems spark involvement in the day's lesson, help students build skills, and allow teachers to handle daily management tasks without wasting valuable instructional time. A newly updated edition of a bestselling title Ideal for math teachers in grades six through twelve Includes more than 650 ready-to-use starter problems

## **Sourdough**

A James Beard Award Winner for Baking & Desserts 101 recipes for baking with whole and sprouted grains, making the most of the seasonal harvest, and healing the body through naturally fermented food Sarah Owens spent years baking conventional baked goods, only to slowly realize she had developed a crippling inability to digest or tolerate their ingredients. Unable to enjoy many of her most favorite foods, she knew she must find a health-sustaining alternative. Thus Sarah started experimenting with sourdough leavening, which almost immediately began to heal her gut and inspire her anew in the kitchen. Soon after, her artisan small-batch bakery, BK17, was launched, and with that, a new way to savor and share nutritious sourdough breads and treats with her Brooklyn community. Sourdough and other fermented foods are making a comeback because of their rich depth of flavor and proven health benefits. In Sourdough, Sarah demystifies keeping a sourdough culture, which is an extended fermentation process that allows for maximum flavor and easy digestion, showing us just how simple it can be to create a healthy starter from scratch. Moreover, Sarah uses home-grown sourdough starter in dozens of baked goods, including cookies, cakes, scones, flatbreads, tarts, and more—well beyond bread. Sarah is a botanist and gardener as well as a baker—her original recipes are accented with brief natural history notes of the highlighted plants and ingredients used. Anecdotes from the garden will delight naturalists and baked-goods lovers among us. Laced with botanical and cultural notes on grains, fruits and vegetables, herbs, and even weeds, Sourdough celebrates seasonal abundance alongside the timeless craft of artisan baking.

## **STEM Starters for Kids Biology Activity Book**

Make learning about Science, Technology, Engineering, and Math (STEM) fun in this colorful biology-filled activity book! Science, Technology, Engineering, and Math (STEM) are subjects crucial to children's education. In these illustrated pages, your child will be immersed in the world of STEM through biology and the science of life! Filled with activities such as mazes, spot the difference, drawing, puzzles, pattern identifying, quizzes, and more, this book will introduce your child to the fascinating science of biology. While boys and girls think they're just playing games and looking at fun infographics, actually they'll be learning about germs and microbiology, DNA, zoology, and more. With this new book in the STEM Starters for Kids series of educational workbooks, your child will not only be entertained for hours, but also be familiarized with robots and the STEM subjects that important to his or her education and maybe even in a future career. The books in this series aim to pique the interest of children in these areas of study, stress the importance of these subjects, and help encourage children who are interested to continue within these fields as they grow and learn. Introduce your child to STEM subjects today through STEM Starters for Kids: Biology Activity Book!

## **The Boy Who Bakes**

This is an inspirational guide to baking from the winner of 'The Great British Bake Off 2010'. From the traditional to new twists on old favourites there are recipes to suit all abilities. The book covers cakes, cookies, pastry, desserts, and even ice-creams.

## **Fun for Starters Teacher's Book**

Fun for Starters provides full-colour preparation material for the Cambridge Young Learners English Test: Starters. Fun activities balanced with exam-style questions practise all the areas of the syllabus in a communicative way. The material is specifically designed to focus on those areas most likely to cause problems for young learners at this level. The Fun for Starters Teacher's Book includes creative teaching tips, photocopiable activities, and a full, photocopiable practice test. An Audio CD, available separately, includes listening material to accompany the Student's Book. The website to accompany the series includes interactive versions of some activities from the Student's Books.

## **The New Artisan Bread in Five Minutes a Day**

The New Artisan Bread in Five Minutes a Day is a fully revised and updated edition of the bestselling, ground-breaking, and revolutionary approach to bread-making--a perfect gift for foodies and bakers! With more than half a million copies of their books in print, Jeff Hertzberg and Zoë François have proven that people want to bake their own bread, so long as they can do it easily and quickly. Based on fan feedback, Jeff and Zoë have completely revamped their first, most popular, and now-classic book, Artisan Bread in Five Minutes a Day. Responding to their thousands of ardent fans, Jeff and Zoë returned to their test kitchens to whip up more delicious baking recipes. They've also included a gluten-free chapter, forty all-new gorgeous color photos, and one hundred informative black-and-white how-to photos. They've made the \"Tips and Techniques\" and \"Ingredients\" chapters bigger and better than ever before, and included readers' Frequently Asked Questions. This revised edition also includes more than thirty brand-new recipes for Beer-Cheese Bread, Crock-Pot Bread, Panini, Pretzel Buns, Apple-Stuffed French Toast, and many more. There's nothing like the smell of freshly baked bread to fill a kitchen with warmth, eager appetites, and endless praise. Now, using Jeff and Zoë's innovative technique, you can create bread that rivals those of the finest bakers in the world in just five minutes of active preparation time.

## **The Perfect Loaf**

**JAMES BEARD AWARD WINNER • IACP AWARD WINNER • NEW YORK TIMES BESTSELLER •** A dynamic, authoritative sourdough baking bible for those looking to build confidence in the craft with a wide range of foolproof recipes, from pan loaves to pizza to doughnuts, by the beloved blogger and resident bread baker at Food52 “Maurizio Leo has given all bread-heads, whether newbies or experienced bakers, the ideal gift.”—Peter Reinhart, author of *The Bread Baker’s Apprentice* and host of *Pizza Quest* **ONE OF SAVEUR’S BEST COOKBOOKS OF THE YEAR** Maurizio Leo’s blog *The Perfect Loaf* is the go-to destination on the internet for beginner sourdough bakers. He now brings his impeccably detailed techniques, foolproof recipes, and generous teaching style to a groundbreaking debut cookbook that delves into the absolute fundamentals of sourdough—plus the tools and confidence to explore beyond. Recipes cover flavorful, crowd-pleasing favorites: Essential freeform loaves: Simple Sourdough, Rosemary & Olive Oil, Extra-Sour Sourdough, Cranberry & Walnut, Demi Baguettes Pan loaves: Everyday Sandwich Bread, Naturally Leavened Brioche, German Whole Rye, Honey Whole Wheat Sandwich Bread Pizza and flatbread: Roman-Style Pan Pizza, Focaccia, Naan, Flour Tortillas, Pita Buns, rolls, and more: Soft Dinner Rolls, Potato Buns, Ciabatta Rolls, English Muffins, Bagels Sweets: Weekend Cinnamon Rolls, Italian Doughnuts, Summer Fruit Sourdough Crostata, Banana Bread, Cinnamon Babka Beginner bakers will have their hands held the entire way, with troubleshooting sections and numerous sidebars answering almost every question they may have—like how to store a sourdough starter long-term, how bakers’ percentages actually work, and a visual guide to common “bread fails” and how to remedy them. Seasoned bakers will relish deep dives into the science behind baking processes and expert information on how to build their “baker’s intuition” and level up by experimenting with hydration, ingredient ratios, freshly milled grains, and specialty flours. Whether you’re new to bread baking or a pro, *The Perfect Loaf* will be your indispensable guide in the kitchen.

## **Artisan Sourdough Made Simple**

The easy way to bake bread at home—all you need is FLOUR, WATER and SALT to get started! Begin your sourdough journey with the bestselling beginner’s book on sourdough baking—over 150,000 copies sold! Many bakers speak of their sourdough starter as if it has a magical life of its own, so it can be intimidating to those new to the sourdough world; fortunately with *Artisan Sourdough Made Simple*, Emilie Raffa removes the fear and proves that baking with sourdough is easy, and can fit into even a working parent’s schedule! Any new baker is inevitably hit with question after question. Emilie has the answers. As a professionally trained chef and avid home baker, she uses her experience to guide readers through the science and art of sourdough. With step-by-step master recipe guides, readers learn how to create and care for their own starters, plus they get more than 60 unique recipes to bake a variety of breads that suit their every need. Featured recipes include: - Roasted Garlic and Rosemary Bread - Cinnamon Raisin Swirl - Blistered Asiago Rolls with Sweet Apples and Rosemary - Multigrain Sandwich Bread - No-Knead Tomato Basil Focaccia - Raspberry Gingersnap Twist - Sunday Morning Bagels - and so many more! With the continuing popularity of the whole foods movement, home cooks are returning to the ancient practice of bread baking, and sourdough is rising to the forefront. Through fermentation, sourdough bread is easier on digestion—often enough for people who are sensitive to gluten—and healthier. *Artisan Sourdough Made Simple* gives everyone the knowledge and confidence to join the fun, from their first rustic loaf to beyond. This book has 65 recipes and 65 full-page photographs.

## **Postcard Stories 2**

Jan Carson set herself the challenge of spending an entire year writing short pieces of microfiction on postcards and mailing these to friends around the world. This collection represents the best of the postcard stories Jan has written since.

## **The Complete Book of Starter Spanish, Grades Preschool - 1**

**GRADES PK–1/ESL/SPANISH:**With age-appropriate activities, this beginning Spanish workbook helps

children build knowledge and skills for a solid foundation in Spanish. INCLUDES: This book features easy-to-follow instructions for lessons on the alphabet, parts of speech, days, months, expressions, and more! Also includes a Spanish-English glossary for total skill mastery. ENGAGING: This Spanish workbook for kids combines colorful images with fun, focused activities to entertain and engage children while they grasp important concepts and skills for eventual language fluency. HOMESCHOOL FRIENDLY: This elementary Spanish workbook for kids is a great learning resource for at home or in the classroom and allows parents to supplement their children's learning in the areas they need it most. WHY CARSON DELLOSA: Founded by two teachers more than 45 years ago, Carson Dellosa believes that education is everywhere and is passionate about making products that inspire life's learning moments.

## **Fun for Movers. Student's Book with Downloadable Audio/resources**

NOW A MAJOR MOTION PICTURE “Utterly charming . . . a big-hearted, flawless coming-of-age tale, as scary and funny as your yearbook picture.”—People (four stars) The year is 1985. Brian Jackson, a working-class kid on full scholarship, has started his first term at university. He has a dark secret—a long-held, burning ambition to appear on the wildly popular British TV quiz show University Challenge—and now, finally, it seems the dream is about to become reality. He’s made the school team, and they’ve completed the qualifying rounds and are limbering up for their first televised match. (And, what’s more, he’s fallen head over heels for one of his teammates, the beautiful, brainy, and intimidatingly posh Alice Harbinson.) Life seems perfect and triumph inevitable—but as his world opens up, Brian learns that a little knowledge can be a dangerous thing. Praise for A Starter for Ten “Fresh, edgy and very funny . . . [David Nicholls] has a talent for droll dialogue and a wonderful sense of the ridiculous.”—USA Today “Starter for Ten has that elusive Hornby-factor. . . . It’s wincingly funny . . . a prospect to savour.”—Arena

## **Starter for Ten**

\*SILVER WINNER for the 2022 Taste Canada Award for Single-Subject Cookbooks\* \*SHORTLISTED for the 2021 Gourmand World Cookbook Award\* A sustainable lifestyle starts in the kitchen with these use-what-you-have, spend-less-money recipes and tips, from the friendly voice behind @ZeroWasteChef. In her decade of living with as little plastic, food waste, and stuff as possible, Anne-Marie Bonneau, who blogs under the moniker Zero-Waste Chef, has preached that “zero-waste” is above all an intention, not a hard-and-fast rule. Because, sure, one person eliminating all their waste is great, but thousands of people doing 20 percent better will have a much bigger impact. And you likely already have all the tools you need to begin. In her debut book, Bonneau gives readers the facts to motivate them to do better, the simple (and usually free) fixes to ease them into wasting less, and finally, the recipes and strategies to turn them into self-reliant, money-saving cooks and makers. Rescue a hunk of bread from being sent to the landfill by making Mexican Hot Chocolate Bread Pudding, or revive some sad greens to make a pesto. Save 10 dollars (and the plastic tub) at the supermarket with Yes Whey, You Can Make Ricotta Cheese, then use the cheese in a galette and the leftover whey to make sourdough tortillas. With 75 vegan and vegetarian recipes for cooking with scraps, creating fermented staples, and using up all your groceries before they go bad—including end-of-recipe notes on what to do with your ingredients next—Bonneau lays out an attainable vision for a zero-waste kitchen.

## **The Zero-Waste Chef**

This graphic novel for teen readers examines the importance of truth.

## **Fire Starters**

\*\*WINNER of the EU Prize for Literature\*\* 'One of the most exciting and original Northern Irish writers of her generation' SUNDAY TIMES 'Gripping, affecting, surprising. I inhaled it' LISA MCINERNEY 'Captivating, intelligent and courageous' IRISH TIMES 'Spectacular. At once grittily real, wildly magical and insanely alluring - a siren-song of a novel.' DONAL RYAN 'Jan Carson seems to have invented a new

Belfast in this gripping, surprising, exhilarating novel.' RODDY DOYLE 'Blew me away with its power, anger and wit.' JOSEPH O'CONNOR Dr Jonathan Murray fears his new-born daughter is not as harmless as she seems. Sammy Agnew is wrestling with his dark past, and fears the violence in his blood lurks in his son, too. The city is in flames and the authorities are losing control. As matters fall into frenzy, and as the lines between fantasy and truth, right and wrong, begin to blur, who will these two fathers choose to protect? Dark, propulsive and thrillingly original, this tale of fierce familial love and sacrifice fizzles with magic and wonder.

## **The Fire Starters**

From the bestselling author of *Girl Last Seen* comes \"a spine-tingler\" (Booklist) of a psychological suspense, perfect for fans of Lisa Jewell and Jessica Knoll. Local police have announced that they're closing the investigation of the suspected drowning of 37-year-old painter Colleen Westcott. She disappeared on April 11, 2010, and her car was found parked near the waterfront in Cleveland two days later, but her body has never been found. The chief of police has stated that no concrete evidence of foul play has been discovered in the probe. close the online search window, annoyed. These articles never have enough detail. They think my husband's first wife disappeared or they think she is dead. There's a big difference. My phone rings, jarring me away from my thoughts, and when I pick it up, it's an unknown number. The only answer to my slightly breathless hello is empty static. When the voice does finally come, it's female, low, muffled somehow. \"Where is it, Claire? What did you do with it? Tell me where it is.\" A woman. A real flesh-and-blood woman on the other end of the phone. She's not just in my head. A wave of panic spreads under my skin like ice water. It's Colleen. \"Laurin knows how to ratchet up the suspense.\" -- Publishers Weekly

## **The Starter Wife**

Starter cultures have great significance in the food industry due to their vital role in the manufacture, flavour, and texture development of fermented foods. Once mainly used in the dairy industry, nowadays starter cultures are applied across a variety of food products, including meat, sourdough, vegetables, wine and fish. New data on the potential health benefits of these organisms has led to additional interest in starter bacteria. *Starter Cultures in Food Production* details the most recent insights into starter cultures. Opening with a brief description of the current selection protocols and industrial production of starter cultures, the book then focuses on the innovative research aspects of starter cultures in food production. Case studies for the selection of new starter cultures for different food products (sourdough and cereal based foods, table olives and vegetables, dairy and meat products, fish and wine) are presented before chapters devoted to the role of lactic acid bacteria in alkaline fermentations and ethnic fermented foods. This book will provide food producers, researchers and students with a tentative answer to the emerging issues of how to use starter cultures and how microorganisms could play a significant role in the complex process of food innovation.

## **Science Activity Book**

From the bestselling author of *My Bread*: A clear, illustrated guide to making sourdough and the Italian-inspired café dishes from one of Manhattan's best bakeries. Founded in 1994, Sullivan Street Bakery is renowned for its outstanding bread, which graces the tables of New York's most celebrated restaurants. The bread at Sullivan Street Bakery, crackling brown on the outside and light and aromatic on the inside, is inspired by the dark, crusty loaves that James Beard Award-winning baker Jim Lahey discovered in Rome. Jim builds on the revolutionary no-knead recipe he developed for his first book, *My Bread*, to outline his no-fuss system for making sourdough at home. Applying his Italian-inspired method to his repertoire of pizzas, pastries, egg dishes, and café classics, *The Sullivan Street Bakery Cookbook* delivers the flavors of a bakery Ruth Reichl once called “a church of bread.”

## **List of Standard Starters Available to Prospective Builders of Permissible Outfits**

See how it all starts for Callie and Michael in *Portrait of a Starter*, an exclusive ebook original short story by

debut author Lissa Price. This episode sets the scene for Starters, published April 2012.

## Technology Activity Book

The essential history of bread baking and sourdough's rise to a global phenomenon. Sourdough bread fueled the labor that built the Egyptian pyramids. The Roman Empire distributed free sourdough loaves to its citizens to maintain political stability. More recently, amidst the COVID-19 pandemic, sourdough bread baking became a global phenomenon as people contended with being confined to their homes and sought distractions from their fear, uncertainty, and grief. In *Sourdough Culture*, environmental science professor Eric Pallant shows how throughout history, sourdough bread baking has always been about survival. *Sourdough Culture* presents the history and rudimentary science of sourdough bread baking from its discovery more than six thousand years ago to its still-recent displacement by the innovation of dough-mixing machines and fast-acting yeast. Pallant traces the tradition of sourdough across continents, from its origins in the Middle East's Fertile Crescent to Europe and then around the world. Pallant also explains how sourdough fed some of history's most significant figures, such as Plato, Pliny the Elder, Louis Pasteur, Marie Antoinette, Martin Luther, and Antonie van Leeuwenhoek, and introduces the lesser-known--but equally important--individuals who relied on sourdough bread for sustenance: ancient Roman bakers, medieval housewives, Gold Rush miners, and the many, many others who have produced daily sourdough bread in anonymity. Each chapter of *Sourdough Culture* is accompanied by a selection from Pallant's own favorite recipes, which span millennia and traverse continents, and highlight an array of approaches, traditions, and methods to sourdough bread baking. *Sourdough Culture* is a rich, informative, and engaging read, especially for bakers--whether skilled or just beginners. More importantly, it tells the important and dynamic story of the bread that has fed the world.

## Starter Cultures in Food Production

From experimental design to cryptography, this comprehensive, easy-to-access reference contains literally all the facts you need on combinatorial designs. It includes constructions of designs, existence results, and properties of designs. Organized into six main parts, the *CRC Handbook of Combinatorial Designs* covers:

## Starters & Sides Made Easy

The Practical Use of Starters

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