

Love

A General Theory of Love

This original and lucid account of the complexities of love and its essential role in human well-being draws on the latest scientific research. Three eminent psychiatrists tackle the difficult task of reconciling what artists and thinkers have known for thousands of years about the human heart with what has only recently been learned about the primitive functions of the human brain. *A General Theory of Love* demonstrates that our nervous systems are not self-contained: from earliest childhood, our brains actually link with those of the people close to us, in a silent rhythm that alters the very structure of our brains, establishes life-long emotional patterns, and makes us, in large part, who we are. Explaining how relationships function, how parents shape their child's developing self, how psychotherapy really works, and how our society dangerously flouts essential emotional laws, this is a work of rare passion and eloquence that will forever change the way you think about human intimacy.

The Love Book

"Fans of Sarah Dessen and Mary Kay Andrews will enjoy this grown-up Sisterhood of the Traveling Pants, a story of risk, reward, loss, and love" (Booklist). A Publishers Weekly Pick of the Week and a New York Post Required Reading Pick It all starts when four unsuspecting women, on a singles' bike trip through Normandy, discover a mysterious red book about love. But did they discover it—or did the book bring them together? Somehow the possibly magical Love Book will insinuate itself into Emily's, Beatrice's, Max's, and Cathy's lives, which so far haven't turned out exactly the way society, their families, or they themselves have planned. Along the way, they'll be nudged, cajoled, inspired—perhaps even "guided"—in spite of themselves to discover love, fulfillment, and the true nature of being a soul mate. "The Love Book should come with a warning: Do not begin unless you can afford to finish it—today. I could not, and did not, put it down. A contemporary Jane Austen, Nina Solomon has written a smart and funny book about what it's like to be a woman, no longer young but not yet old and still single, looking for love in all the wrong places, only to find life. I laughed out loud so often I was downright downcast when I reached the last page and had to give up the good company of these wonderful characters." —Beverly Donofrio, author of *Astonished: A Story of Healing and Finding Grace* "Happy endings abound in this novel about the power of love and friendship." —Kirkus Reviews "A compelling mix of story lines . . . Plenty of good banter and characterization." —Publishers Weekly

Love Does

Now a New York Times Bestseller As a college student he spent 16 days in the Pacific Ocean with five guys and a crate of canned meat. As a father he took his kids on a world tour to eat ice cream with heads of state. He made friends in Uganda, and they liked him so much he became the Ugandan consul. He pursued his wife for three years before she agreed to date him. His grades weren't good enough to get into law school, so he sat on a bench outside the Dean's office for seven days until they finally let him enroll. Bob Goff has become something of a legend, and his friends consider him the world's best-kept secret. Those same friends have long insisted he write a book. What follows are paradigm shifts, musings, and stories from one of the world's most delightfully engaging and winsome people. What fuels his impact? Love. But it's not the kind of love that stops at thoughts and feelings. Bob's love takes action. Bob believes Love Does. When Love Does, life gets interesting. Each day turns into a hilarious, whimsical, meaningful chance that makes faith simple and real. Each chapter is a story that forms a book, a life. And this is one life you don't want to miss. Light and fun, unique and profound, the lessons drawn from Bob's life and attitude just might inspire you to be secretly

incredible, too. Endorsements: \"If this book does not make your heart beat faster, book the next flight to Mayo Clinic\" --Bill Hybels, Senior Pastor, Willow Creek Community Church, Chairman, Willow Creek Association \"Bob Goff is a one-man tsunami of grace, a hurricane of love. He doesn't just talk about change, he really is change, as Love Does chronicles in such a vivid way. Yet, Love Does doesn't leave you feeling like you want to celebrate its author, it awakens a sense deep within that you, too, have an outrageous role to play in God's unfolding story of rescue and repair.\" --Louie Giglio, Passion Conferences/Passion City Church \"An interesting and compelling story (with Young Life roots) that ends with a practical challenge and punch: 'love does' and God can use you to do it\" --Denny Rydberg, President, Young Life \"Every once in a while someone like Bob Goff shows up to remind us that some things matter a lot more than others. Love Does has a kind of 'north star' effect that will push you to refocus your life and energy on what is most significant. It doesn't just invite you to respond with your God-given potential, it invites you to become a part of what God can do beyond your potential.\" --Reggie Joiner, Founder and CEO of Orange \"We liked the book a lot. Mostly, the balloons on the cover. The rest was pretty good too. Lots of stories about how God helps us.\" --Aedan, Asher and Skye Peterson ages 13, 12 and 9 \"This may look like a book. It's not. It is an invitation to enter into the greatest adventure you have ever known--your life as it was meant to be lived. Hang on\" --Michael Hyatt, Author, Platform: Get Noticed in a Noisy World, MichaelHyatt.com \"Bob's ability to love people brings contagious hope and inspiration wherever he goes. The power of love showcased in this book will surely touch the hearts and souls of many people. Read Love Does and find a friend in one the world's best hidden secrets, a person who shows how love can create connection and make a difference--even across oceans.\" --George Tsereteli, Deputy Chairman of the Parliament of Georgia (former Russian Republic)

Is It Love Or Is It Addiction?

Offers advice & a practical guide to making relationships work

The Mathematics of Love

In this must-have for anyone who wants to better understand their love life, a mathematician pulls back the curtain and reveals the hidden patterns—from dating sites to divorce, sex to marriage—behind the rituals of love. The roller coaster of romance is hard to quantify; defining how lovers might feel from a set of simple equations is impossible. But that doesn't mean that mathematics isn't a crucial tool for understanding love. Love, like most things in life, is full of patterns. And mathematics is ultimately the study of patterns—from predicting the weather to the fluctuations of the stock market, the movement of planets or the growth of cities. These patterns twist and turn and warp and evolve just as the rituals of love do. In *The Mathematics of Love*, Dr. Hannah Fry takes the reader on a fascinating journey through the patterns that define our love lives, applying mathematical formulas to the most common yet complex questions pertaining to love: What's the chance of finding love? What's the probability that it will last? How do online dating algorithms work, exactly? Can game theory help us decide who to approach in a bar? At what point in your dating life should you settle down? From evaluating the best strategies for online dating to defining the nebulous concept of beauty, Dr. Fry proves—with great insight, wit, and fun—that math is a surprisingly useful tool to negotiate the complicated, often baffling, sometimes infuriating, always interesting, mysteries of love.

How to Love

Thich Nhat Hanh shares timeless wisdom and mindfulness meditation practices in this illustrated pocket-sized guide about cherishing the many ways love manifests in our lives. *How to Love* is the third title in Thich Nhat Hanh's series of mindfulness books for beginners and seasoned practitioners. This time, he brings his signature clarity, compassion, and humor to the thorny question of how to love. He distills one of our strongest emotions down to 4 essentials: • You can only love another when you feel true love for yourself • Love is understanding • Understanding brings compassion • Deep listening and loving speech are key ways of showing our love *How to Love* shows that when we feel closer to our loved ones, we are also more

connected to the world as a whole. Thich Nhat Hanh applies this timeless wisdom to the core areas and relationships of our lives, including: • Love vs. Need • Being in Love • Reverence • Intimacy • Children and Family • Reconciling with Parents With meditations you can do alone or with your partner, *How to Love* is a unique gift for those who want a comprehensive yet simple guide to understanding the many different kinds of love, perfect for those practicing in any spiritual tradition, whether seasoned practitioners or new to meditation.

Love Is My Favorite Thing

Starring an enthusiastic pooch whose joy, optimism and love know no bounds, this lively picture book is based on Emma Chichester Clark's own dog, and joyfully celebrates unconditional love. Plum has lots of favorite things—catching sticks, her bear, her bed—but really, LOVE is her absolute favorite thing. She loves her family and all the things they do together. Sometimes, however, Plum's exuberance causes trouble, and she just can't help being naughty. But fortunately, love is such a great thing that even when she makes mistakes, Plum's family still adores her.

Yes We Are

A boy confides in a friend that he doesn't know what to say when he's teased for having two dads, and when kids say that they're not a real family. In their conversation, his friend helps him see how her family (with a mom and a dad) isn't all that different from his: they both have parents who love them, and they both love their parents. And it's love that makes a family.

A Book of Love

Celebrate love with this rhyming picture book featuring enchanting illustrations and poetic text! Love and the many ways one can show it are at the heart of this sweet, charming picture book. Whether it's giving someone a big hug, offering a helping hand, or sharing words of encouragement, it's these gestures that make the world a better place to live. Emma Randall's delicate and appealing illustrations accompany delightful verses in a timeless story perfect for reading aloud with loved ones.

An Awesome Book of Love!

This heartwarming follow-up to *An Awesome Book!* explores the many faces of love, from self-published sensation Dallas Clayton. Take a walk on the loving side as each page of *An Awesome Book of Love* perfectly details just how your heart feels in loving moments. There are so many different kinds of love—the way you love your husband or wife, the way you love your child, the way you love your parents—and Dallas Clayton knows just how to describe them all. Filled with colorful and vivacious illustrations, this hardcover is a perfect gift for Valentine's Day—or really for any day you'd like to tell someone special how much you care.

The Course of Love

“An engrossing tale [that] provides plenty of food for thought” (People, Best New Books pick), this playful, wise, and profoundly moving second novel from the internationally bestselling author of *How Proust Can Change Your Life* tracks the beautifully complicated arc of a romantic partnership. We all know the headiness and excitement of the early days of love. But what comes after? In Edinburgh, a couple, Rabih and Kirsten, fall in love. They get married, they have children—but no long-term relationship is as simple as “happily ever after.” *The Course of Love* explores what happens after the birth of love, what it takes to maintain, and what happens to our original ideals under the pressures of an average existence. We see, along with Rabih and Kirsten, the first flush of infatuation, the effortlessness of falling into romantic love, and the

course of life thereafter. Interwoven with their story and its challenges is an overlay of philosophy—an annotation and a guide to what we are reading. As The New York Times says, “The Course of Love is a return to the form that made Mr. de Botton’s name in the mid-1990s....love is the subject best suited to his obsessive aphorizing, and in this novel he again shows off his ability to pin our hopes, methods, and insecurities to the page.” This is a Romantic novel in the true sense, one interested in exploring how love can survive and thrive in the long term. The result is a sensory experience—fictional, philosophical, psychological—that urges us to identify deeply with these characters and to reflect on his and her own experiences in love. Fresh, visceral, and utterly compelling, The Course of Love is a provocative and life-affirming novel for everyone who believes in love. “There’s no writer alive like de Botton, and his latest ambitious undertaking is as enlightening and humanizing as his previous works” (Chicago Tribune).

Your love book

Positive emotions expert Barbara Fredrickson investigates the importance of love in improving mental and physical health. Using research from her lab, Fredrickson redefines love as micro moments of connection possible between all people, demonstrating that capacity for love can be measured and strengthened to improve health and longevity. She also presents practices that allow love to be unlocked, to generate compassion and self soothe.

Love 2.0

Analyzes the feelings and problems involved in different types of human love, including familial affection, friendship, passion, and charity.

The Four Loves

In The 5 Love Languages, you will discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman’s proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner starting today.

The Five Love Languages

I love you when you give me kisses. I love you when you need hugs... Most of all, I love you just the way you are. In his newest picture book, Todd Parr explores the meaning of unconditional love in a heartfelt, playful way. Featuring a heart-shaped die-cut and sparkling silver foil on the cover, this is the perfect way to say, “I love you!” Parents and caregivers are sure to be inspired by Todd’s vibrant illustrations and tender sentiments, and will enjoy sharing this very special book with the little ones they love.

The I LOVE YOU Book

Leo Gursky taps his radiator each evening to let his upstairs neighbor know he’s still alive. But it wasn’t always like this: in the Polish village of his youth, he fell in love and wrote a book. . . . Sixty years later and half a world away, fourteen-year-old Alma, who was named after a character in that book, undertakes an adventure to find her namesake and save her family. With virtuosic skill and soaring imaginative power, Nicole Krauss gradually draws these stories together toward a climax of “extraordinary depth and beauty” (Newsday).

The History of Love

NEW YORK TIMES BESTSELLER • “The guardian of all style” (The New York Times Magazine) shares

stories on life, love, style, and career, from Paris to New York, and inspires readers to cultivate an effortless chic that is all their own. Garance Doré, the voice and vision behind her eponymous blog, has captivated millions of readers worldwide with her fresh and appealing approach to style through storytelling. This gorgeously illustrated book takes readers on a unique narrative journey that blends Garance's inimitable photography and illustrations with the candid, hard-won wisdom drawn from her life and her travels. Infused with her Left Bank sensibility, the eclecticism of her adopted city of New York, and the wild, passionate spirit of her native Corsica, *Love Style Life* is a backstage pass behind fashion's frontlines, peppered with French-girl-next-door wit and advice on everything from mixing J.Crew with Chanel, to falling in love, to pursuing a life and career that is the perfect reflection of you. Praise for Garance Doré and *Love Style Life* "The most elegant, funny, truthful book on style, love and life. Garance is an original with the cutest French accent."—Jenna Lyons, president and creative director, J.Crew "This charming book by fashion blogger Doré is part memoir and part style guide, gathered together in a chic, Gallic-inflected package."—Publishers Weekly "One of blogdom's most compelling storytellers."—The New York Times "Doré's mix of portrait photography, illustrations, collages, and stream-of-consciousness writing . . . has given the fashion world en masse a girl crush."—Interview "Garance Doré embodies effortless French style."—Martha Stewart Living

Love Style Life

The Instant New York Times Bestseller and TikTok Sensation! As seen on THE VIEW! A BuzzFeed Best Summer Read of 2021 When a fake relationship between scientists meets the irresistible force of attraction, it throws one woman's carefully calculated theories on love into chaos. As a third-year Ph.D. candidate, Olive Smith doesn't believe in lasting romantic relationships—but her best friend does, and that's what got her into this situation. Convincing Anh that Olive is dating and well on her way to a happily ever after was always going to take more than hand-wavy Jedi mind tricks: Scientists require proof. So, like any self-respecting biologist, Olive panics and kisses the first man she sees. That man is none other than Adam Carlsen, a young hotshot professor—and well-known ass. Which is why Olive is positively floored when Stanford's reigning lab tyrant agrees to keep her charade a secret and be her fake boyfriend. But when a big science conference goes haywire, putting Olive's career on the Bunsen burner, Adam surprises her again with his unyielding support and even more unyielding...six-pack abs. Suddenly their little experiment feels dangerously close to combustion. And Olive discovers that the only thing more complicated than a hypothesis on love is putting her own heart under the microscope.

The Love Hypothesis

In *Love Cycles*, veteran couples therapist Linda Carroll presents a groundbreaking model of the five natural stages of romantic relationships — the Merge, Doubt and Denial, Disillusionment, Decision, and Wholehearted Love — and a guide for navigating through them toward lasting love. *Love Cycles* helps readers understand where they are in the cycle of their relationship and provides a clear strategy for how to stay happy and committed, even in difficult times.

Love Cycles

The acclaimed actress and dedicated activist shares her personal journey of discovery, and destroys outdated ideas about partnership, love and family that will resonate with anyone in an unconventional life situation. Actress and activist Maria Bello made waves with her essay, "Coming Out as a Modern Family," in the New York Times popular "Modern Love" column, in which she recalled telling her son that she had fallen in love with her best friend, a woman—and her relief at his easy and immediate acceptance with the phrase "Whatever Mom, love is love." She made a compelling argument about the fluidity of partnerships, and how families today come in a myriad of designs. In her first book, Bello broadens her insights as she examines the idea of partnership in every woman's life, and her own. She examines the myths that so many of us believe about partnership—that the partnership begins when the sex begins, that partnerships are static, that you have to love yourself before you can be loved, and turns them on their heads. Bello explores how many different

relationships—romantic, platonic, spiritual, familial, educational—helped define her life. She encourages women to realize that the only labels we have are the ones we put on ourselves, and the best, happiest partnerships are the ones that make your life better, even if they don't fit the mold of "typical." Throughout this powerful and engaging read, Bello shares intimate stories and lessons on how she has come to discover her happiest self, accept who she is, and live honestly and freely, and tells the stories of those who came to her after her Times' columns, grateful that someone gave voice to their life choices. *Whatever...Love Is Love* is not a memoir about an actress. It is a frank, raw, and honest book about the way every woman questions the roles she plays in love, work, and life, filled with wisdom, questions, and insights relevant to us all.

Whatever...Love Is Love

Choosing a partner is one of the most consequential and tricky decisions we will ever make. The cost of repeated failure is immense. And yet we are often so alone with the search. Partners used to be found for us by parents and society. Now we are expected to follow our feelings - and so locate people by ourselves, according to intuition. This should be an improvement, but our emotions often pull us towards hugely problematic characters and dynamics. *How to Find Love* explains why we have the 'types' we do - and how our early experiences give us scripts of how and whom we can love. The book provides a crucial set of ideas to help us make safer, more imaginative and more effective choices in love.

How to Find Love

Essays by popular children's authors reveal the books that shaped their personal and literary lives, explaining how the stories they loved influenced them creatively, politically, and intellectually.

Fierce Love

Groundbreaking, people-first strategies for organizational growth, profit, and longevity Chock-full of real-world examples of mistakes, heartbreak, and redemption that makes it read more like a juicy exposé than a business book, *Love as a Business Strategy* offers a new, people-first framework for achieving any business outcome. Written by authors who aren't fans of run-of-the-mill, nap-inducing business or leadership books, this book clearly shows that a better way of doing business is possible, helping readers ditch the status quo, embrace humanity, and achieve lasting success. This book steers clear from piety and theoretical concepts and instead share the realities of real people running real businesses, covering concepts including: The potential harmony between organizational culture and hard data The biggest mistakes that organizations make in pursuing profits at the expense of people Practical ways to better serve customers, clients, and employees while still enjoying standout financial success Entertaining, visionary, and highly practical, *Love as a Business Strategy* earns a well-deserved spot on the bookshelves of all entrepreneurs, managers, and executives seeking perspective-shifting knowledge and strategies to get better business results without sacrificing their human side.

The Book that Made Me

I know of no better guide for couples who genuinely desire a maturing relationship. M. Scott Peck, author of *The Road Less Traveled* A remarkable book the most incisive and persuasive I have ever read on the knotty problems of marriage relationships. Ann Roberts, former president, Rockefeller Family Fund

Love As a Business Strategy

#1 NEW YORK TIMES BESTSELLER "[A] poetic reckoning of the importance of love in a child's life . . . eloquent and moving."—People "Everything that can be called love -- from shared joy to comfort in the darkness -- is gathered in the pages of this reassuring, refreshingly honest picture book."—The New York

Times Book Review, Editors' Choice / Staff Picks From the Book Review "Lyrical and sensitive, 'Love' is the sort of book likely to leave readers of all ages a little tremulous, and brimming with feeling."—The Wall Street Journal From Newbery Medal-winning author Matt de la Peña and bestselling illustrator Loren Long comes a story about the strongest bond there is and the diverse and powerful ways it connects us all. "In the beginning there is light and two wide-eyed figures standing near the foot of your bed and the sound of their voices is love. ... A cab driver plays love softly on his radio while you bounce in back with the bumps of the city and everything smells new, and it smells like life." In this heartfelt celebration of love, Newbery Medal-winning author Matt de la Peña and bestselling illustrator Loren Long depict the many ways we experience this universal bond, which carries us from the day we are born throughout the years of our childhood and beyond. With a lyrical text that's soothing and inspiring, this tender tale is a needed comfort and a new classic that will resonate with readers of every age.

Getting the Love You Want

A light-hearted book about books and the people who write them for all lovers of literature. Do you know: Which famous author died of caffeine poisoning? Why Alice's Adventures in Wonderland was banned in China? Who was the first British writer to win the Nobel Prize in Literature? What superstitions Truman Capote kept whenever he wrote? Who the other Winston Churchill was? A treasure trove of compelling facts, riveting anecdotes, and extraordinary characters, For the Love of Books is a book about books—and the inside stories about the people who write them. Learn how books evolved, what lies behind some of the greatest tales ever told, and who's really who in the world of fiction. From banned books to famous feuding authors, from literary felons to rejected masterpieces, from tips for aspiring writers to stand-out book lists for readers to catch up on, For the Love of Books is a celebration of the written word and an absolute page-turner for any book lover. Read all about it!

Love

When All That's Left of Me Is Love is an intensely personal story about one family's determination to enjoy life while anticipating death. Linda Campanella's emotional account of her last year with her mother, Nancy Sachsse, wrote itself on the pages of her mind as she lay awake unable to sleep in the days and weeks following Nan's death one year and one day after a diagnosis of terminal cancer. It is a heartwarming memoir filled with insights and inspirations that will help anyone jolted into confronting the inevitability and sudden imminence of death. Join the author as she reconstructs and relives a year of living while dying and, in the process, comes to terms with the pain and permanence of her loss. When All That's Left of Me Is Love is indeed a sad story born of death, but it is above all an uplifting portrait of living, loving, believing, and letting go. It is a celebration of the special bond between mothers and daughters, a touching love story, a spiritual journey, a poetry lesson, and even a case for happy hour. This story of a daughter's undying love for her dying mother will move and inspire not only those who face or fear death but also those who love and embrace life. "This book is truly a testament of love, as the title suggests. It is about love refined and deepened by grief and gratitude. It is a tribute to a mother who loved with her last breath and beyond. It is the story of a daughter who gives herself away through the gift of her pen." -Sharon G. Thornton, Ph.D., Professor of Pastoral Theology at Andover Newton Theological School

For the Love of Books

Prove that there's always more love this Valentine's Day in this interactive picture book full of humor and sweetness! Always More Love is a heartwarming story and fun, interactive experience for families to read and share together, because the love for those special ones in your life only expands more and more each day. In this sweet, rhyming love book for kids, just tap, press, shake, touch, or flip the picture book and then turn the page to find out the many ways love grows! Readers of Don't Push the Button and Press Here by Herve Tullet will love this cute, interactive story! It's the perfect read aloud for: Toddlers and young children ages 3-6 Bedtime stories and together moments Valentine's Day: a charming Valentine's book gift for kids

Preschool learners: great for at-home toddler learning activities! Birthday gifts Holiday stocking stuffer and Christmas gifts Easter basket stuffer Mother's and Father's Day and more! I love you so much, but there's more in my heart. How is that possible? Well, where do I start?

When All That's Left of Me Is Love

A philosophical treatise on the essential nature of love reflects on the process of falling in love, the frequently awkward transition from romantic passion to mature love, and the yearnings for a lasting, long-term love.

Always More Love

A comprehensive and intimate guide to finding, keeping, and enjoying love after fifty, the best kind of love there is. Studies keep showing that love after fifty is more satisfying than at any other stage in life, and it makes sense: at this stage, you are more emotionally stable and more focused on the present; you know what you absolutely have to have, but also what you can live without; partnering is no longer about building family and fortune—it's about sharing intimacy as grounded individuals. And sex isn't pass/fail anymore, but about becoming erotic friends. So, if this is the promised land, how do you get there? In *Love After 50*, journalist Francine Russo interviewed the best experts in the field and dozens of couples to help show the way. Her "practical, excellent guide" (John Gottman, author of *The Seven Principles for Making Marriage Work*) includes advice like: -How to recover from the emotional damage of divorce, the grief of widowhood, or a history of unfulfilling relationships -How to build realistic requirements for a partner -What attitudes to bring to dating -How to overcome the psychical challenges of sex and embrace your erotic selves -How to evaluate the financial, emotional, and practical results of marrying, living together, or living apart -How to deal with (hostile) adult kids to safeguard your relationship and family *Love After 50* is "essential reading" (Pauline Boss, PhD, author of *The Myth of Closure*) that is not only practical but also unassuming and candid. It is full of real people's stories (including the author's), with vivid examples of couples who have overcome their pasts to form healthy and nurturing partnerships. In other words, it's as real as love after fifty can be.

Conditions of Love

This is a love story. But it's not what you think. This is not a first kiss, or a first date. This is not love at first sight. This is a boy and a girl falling in messy, unpredictable, thrilling love. This is the complicated route to happiness that follows. This is real. This is life. This is how to love. Before: Reena has loved Sawyer LeGrande for as long as she can remember. But he's never noticed her, until one day... he does. They fall in messy, complicated love. But then Sawyer disappears from their humid Florida town, leaving a devastated - and pregnant - Reena behind. After: Three years later and there's a new love in Reena's life: her daughter Hannah. But just as swiftly and suddenly as he disappeared, Sawyer turns up again. After everything that's happened, can Reena really let herself love Sawyer again?

Love After 50

Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda Jeth . While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and Jeth 's central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and

psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and Jeth  show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, *Sex at Dawn* unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

How to Love

A unique love story and a classic work of philosophy, rooted in the mysterious workings of the human heart and mind. With an introduction by Sheila Heti. 'De Botton is a national treasure.' - Susan Hill, author of *The Woman in Black* Perhaps it is true that we do not really exist until there is someone there to see us existing, we cannot properly speak until there is someone who can understand what we are saying in essence, we are not wholly alive until we are loved. A man and a woman meet over casual conversation on a flight from Paris to London, and so begins a love story – from first kiss to first argument, elation to heartbreak, and everything in between. Each stage of the relationship is illuminated with startling clarity, as Alain de Botton explores emotions often felt but rarely understood. With the verve of a novelist and the insight of a philosopher, de Botton uncovers the mysteries of the human heart. *Essays In Love* is an iconic book – one that should be read by anyone who has ever fallen in love.

Sex at Dawn

Dedicated to all children who have ever suffered a permanent loss, and to the grownups who could not find a way to explain it.

Essays In Love

A darkly romantic Rapunzel reimagining from the number one Sunday Times bestselling author of *WHEN THE MOON HATCHED*. Stunning finishes exclusive to the first print run will be revealed. This Collector's Edition will only be available while stocks last, preorder now! \"What a pretty flower to keep locked in a big, rocky tower.\" Nineteen years ago, I was plucked from the heart of a bloody massacre that spared nobody else. Small. Fragile. An enigma. Now ward to a powerful High Master who knows too much and says too little, I lead a simple life, never straying from the confines of an imaginary line I've drawn around the castle grounds. Stay within. Never leave. Out there, the monsters lurk. Inside, I'm safe ... though at a cost far greater than the blood I drip into a goblet daily. Toxic, unreciprocated love for a man who's utterly unavailable. My savior. My protector. My almost executioner. I can't help but be enamored with the arcane man who holds the power to pull my roots from the ground. When voracious beasts spill across the land and threaten to fray the fabric of my tailored existence, the petals of reality will peel back to reveal an ugly truth. But in a castle puddled with secrets, none are greater than the one I've kept from myself. No tower is tall enough to protect me from the horror that tore my life to shreds. Book one in the *Crystal Bloom* series. Perfect for fans of Sarah J. Maas, Rebecca Yarros and Jennifer L. Armentrout.

The Fall of Freddie the Leaf

Grounded in Christian love mysticism, Love's Oneing gives voice to the luminous consciousness that awakens from within our oneness in God in contemplation. With great sensitivity, the book offers nuanced insight into the marriage of kenosis and desire in contemplation, through the rich tapestry of writings from

nine mystics: Julian of Norwich, the Cloud of Unknowing author, Meister Eckhart, Mechthild of Magdeburg, Clare of Assisi, John of the Cross, Teilhard de Chardin, Beatrice Bruteau and Ilia Delio. With the delicate eye of a spiritual director immersed in mystical literature, Kerrie Hide situates these mystical teachings within contemplative prayer, whilst offering a scholarly exploration of contemplative practice to embody the insights. Deeply grounded in traditional and contemporary mystical classics, Hide celebrates how the Christian mystical tradition lays a foundation for the evolutionary growth of communion consciousness and the insights of quantum science, highlighting key moments in contemplation that when surrendered into, open into divine love. Born of intellectual reflection, lived experience and contemplative wisdom, Love's Oneing makes a unique contribution to the existing literature on contemplation at a time when the recovery of the mystical dimension of life is crucial for the future of our planet in this climate crisis moment.

To Bleed a Crystal Bloom

It is 1928 in Oklahoma, and Billy Love Wolf is on the cusp of womanhood. Cousin Katerina Wolf and Aunt Elisabetha Wolf Braun reside in Germany. These three women are the voices of the Wolf clan, their complex relationships exquisitely intertwined. The pre-war years reveal an America seemingly uninterested in what is happening during Hitler's rise to power-yet there are exceptions, with the three women working against the dark regime. What are their secrets?

Love's Oneing

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Billy Love's Wolfpack

Love's Labor

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