

I Am

I Am One

Discover the power of activism in this board book companion to New York Times bestsellers *I Am Human* and *I Am Love*. One seed to start a garden, one note to start a melody, one brick to start breaking down walls: Every movement and moment of change starts with purpose, with intention, with one. With me. With you. From the #1 New York Times bestselling team behind *I Am Yoga*, *I Am Peace*, *I Am Human*, and *I Am Love* comes a powerful call to action, encouraging each reader to raise their voice, extend a hand, and take that one first step to start something beautiful and move toward a better world.

I AM

"I AM is a fascinating, in-depth and eye-opening look at the very essence of how each of our lives are created in every moment." - Hale Dwoskin, author of the New York Times bestseller, *The Sedona Method* and featured teacher in *The Secret*. For centuries humankind has been asking fervent questions about the meaning of life. As Howard Falco learned, the answers to these questions can ultimately be found in the answer to just one: "Who am I?" In late 2002, in the middle of an ordinary life, Falco—a thirty-five-year-old investment manager with a wife and two children—sought the answer to this powerful question and remarkably this quest resulted in a sudden and all-encompassing shift in his awareness that revealed more about life and how we each create it than he ever imagined knowing. Startled by this new understanding and its implications for his own life and the lives of all others, Falco set out to share his discoveries. The stunning result is this book. *I AM* takes readers on a life-changing journey in which they will discover the incredible power they have over their experience of life, finding that the doorway to eternal peace, happiness, and fulfillment lies in one of the shortest sentences in the written word but the most powerful in the universe: I AM.

I Think, I Am

Best-selling author Louise L. Hay has spent her life teaching people that their thoughts create their lives, and she has written numerous books for adults that have helped them discover their own self-worth. Similarly, Louise has always believed that if children could learn the power of their thoughts early on, their journey through life would be happier and more rewarding, with fewer struggles along the way. In this new book, Louise teaches boys and girls about the importance of affirmations—the thoughts and words we use in our daily lives that express what we believe to be true. Within these pages, there are wonderful examples of kids turning "negative" thoughts such as worry, anger, and fear into positive words and actions that express joy, happiness, and love. There are also tips that show children how they can apply affirmations to their daily lives. Vibrant illustrations and simple text make these concepts easy to understand for even the youngest child. Parents and children will have so much fun learning about the power of positive affirmations and what a difference they can make!

I Am!: Affirmations for Resilience

A stunningly illustrated guide to simple affirmations for young children, building self-esteem and confidence. When you are feeling scared of something new, Stand tall, Put your hands on your hips, and say: I Am Brave! This brightly hand-lettered board book empowers young readers to lift themselves up! Ten relatable emotions are each followed by a centering exercise and a positive affirmation to be recited, as a practice in mindfulness. Young readers are encouraged to find their inner strength by recognizing and addressing their

emotions, instilling a sense of power and self-confidence.

I Am Peace

When the world feels chaotic, find peace within through an accessible mindfulness practice from the bestselling picture-book dream team that brought us *I Am Yoga*. Express emotions through direct speech. Find empathy through imagination. Connect with the earth. Wonder at the beauty of the natural world. Breathe, taste, smell, touch, and be present. Perfect for the classroom or for bedtime, Susan Verde's gentle, concrete narration and Peter H. Reynolds's expressive watercolor illustrations bring the tenets of mindfulness to a kid-friendly level. Featuring an author's note about the importance of mindfulness and a guided meditation for children, *I Am Peace* will help readers of all ages feel grounded and restored.

I Am Yoga

An eagle soaring among the clouds or a star twinkling in the night sky . . . a camel in the desert or a boat sailing across the sea—yoga has the power of transformation. Not only does it strengthen bodies and calm minds, but with a little imagination, it can show us that anything is possible. New York Times bestselling illustrator Peter H. Reynolds and author and certified yoga instructor Susan Verde team up again in this book about creativity and the power of self-expression. *I Am Yoga* encourages children to explore the world of yoga and make room in their hearts for the world beyond it. A kid-friendly guide to 17 yoga poses is included.

I Am

Filled with powerful affirmations, *I Am* reminds children of all the things they can love about themselves and what they have to offer the world. The playful illustrations by bestselling illustrator Judi Abbot showcase the way characteristics such as curiosity, beauty, bravery, and thankfulness can shine through in every child, even when he or she doesn't realize it. With affirmations such as I am strong, I am kind, and I am smart, this board book will empower and create positive thoughts in little ones. *I Am* features whimsical animal illustrations that children will enjoy. The board book is a great gift for baby showers, birthdays, or any time you want to help instill self-confidence (and love!) within a child. The inspiring message of *I Am* helps toddlers ages 0 to 4: Build a deep sense of confidence and self-esteem Understand how much they are loved Create a foundation of positivity and self-acceptance Provide positive, motivational affirmations that can be spoken again and again

I Am Jazz

The story of a transgender child based on the real-life experience of Jazz Jennings, who has become a spokesperson for transkids everywhere \"This is an essential tool for parents and teachers to share with children whether those kids identify as trans or not. I wish I had had a book like this when I was a kid struggling with gender identity questions. I found it deeply moving in its simplicity and honesty.\"—Laverne Cox (who plays Sophia in “Orange Is the New Black”) From the time she was two years old, Jazz knew that she had a girl's brain in a boy's body. She loved pink and dressing up as a mermaid and didn't feel like herself in boys' clothing. This confused her family, until they took her to a doctor who said that Jazz was transgender and that she was born that way. Jazz's story is based on her real-life experience and she tells it in a simple, clear way that will be appreciated by picture book readers, their parents, and teachers.

What I Am

The creator of *Little Owl's Night* explores and celebrates the complexities of what makes us who we are in this comforting and thoughtful picture book. A young narrator describes herself: a girl, a granddaughter,

Indian, and American. Soon, we see the young girl as a plethora of things: selfish and generous, mean and kind, brave and mischievous. While many of these qualities oppose each other, the context and illustrations make it abundantly clear that she speaks the truth. She is a walking contradiction, and that is precisely what makes her both a unique individual and an essential piece of the greater world around her. Divya Srinivasan shows what makes us human and proud to be who we are.

I Am Human

I am human I am a work in progress Striving to be the best version of ME From the picture book dream team behind I Am Yoga and I Am Peace comes the third book in their wellness series: I Am Human. A hopeful meditation on all the great (and challenging) parts of being human, I Am Human shows that it's okay to make mistakes while also emphasizing the power of good choices by offering a kind word or smile or by saying "I'm sorry." At its heart, this picture book is a celebration of empathy and compassion that lifts up the flawed fullness of humanity and encourages children to see themselves as part of one big imperfect family—millions strong.

I Am Every Good Thing

An upbeat, empowering, important picture book from the team that created the award-winning Crown: An Ode to the Fresh Cut. A perfect gift for any special occasion! I am a nonstop ball of energy. Powerful and full of light. I am a go-getter. A difference maker. A leader. The confident Black narrator of this book is proud of everything that makes him who he is. He's got big plans, and no doubt he'll see them through--as he's creative, adventurous, smart, funny, and a good friend. Sometimes he falls, but he always gets back up. And other times he's afraid, because he's so often misunderstood and called what he is not. So slow down and really look and listen, when somebody tells you--and shows you--who they are. There are superheroes in our midst!

I am Albert Einstein

"We can all be heroes" is the message entertainingly told in this New York Times Bestselling picture-book biography series, with this one highlighting Albert Einstein. Each picture book in this series is a biography of a significant historical figure, told in a simple, conversational, vivacious way, and always focusing on a character trait that made the person heroic. The heroes are depicted as children throughout, telling their life stories in first-person present tense, which keeps the books playful and accessible to young children. And each book ends with a line of encouragement, a direct quote, and photos on the last page. This biography focuses on Albert Einstein's never-ending curiosity and how it helped him be a better scientist. This friendly, fun biography series inspired the PBS Kids TV show *Xavier Riddle and the Secret Museum*. One great role model at a time, these books encourage kids to dream big. Included in each book are: • A timeline of key events in the hero's history • Photos that bring the story more fully to life • Comic-book-style illustrations that are irresistibly adorable • Childhood moments that influenced the hero • Facts that make great conversation-starters • A virtue this person embodies: Albert Einstein's curiosity led him to become a world-renowned scientist. You'll want to collect each book in this dynamic, informative series!

Just Because I Am

Young children need support and encouragement as they learn to value themselves and recognize their own worth--"not because of the things I do, not because of what I look like, not because of what I have . . . just because I am." This book of sweet, simple affirmations for children helps them respect their bodies, acknowledge their own needs, and name their feelings. *Just Because I Am* invites little ones to love, accept, and feel good about themselves exactly as they are. A special section for parents, teachers, and caregivers includes activities and discussion questions to use with children.

New Rome

Modern states have ever looked to antiquity for lessons, coveting Rome's power and fearing its decline. So why did Rome collapse? Scientific study is providing novel answers. Placing texts and artifacts alongside evidence from ice cores and ancient DNA, Paul Stephenson shows the key roles of environmental disaster and pandemics in the fall of Rome.

I Am Perfect

Have you ever felt like you were too different? Meet William, Susan, David, Ann, Michael, and Sarah. They felt this way, and they were unhappy with their bodies. They would sigh and wish they were more like everyone else: taller, shorter, larger, smaller, stronger, faster. One day, however, they discovered their bodies were just right for them. In fact, they found they were perfect just the way they were. Suitable for ages 4 to 8 years.

I Am Sam-I-Am

A board book based on Green Eggs and Ham! for Dr. Seuss's youngest fans! In this sweet, sturdy board book, Sam-I-Am shares the story of how he persuades his friend to try green eggs and ham. (What's Sam's secret? He never stops trying, of course!) Written in rhymed verse, this funny board book is an ideal introduction to the story for toddlers and preschoolers too young for the classic Beginner Book. Now everyone in the family--even pre-readers--can share in the fun and learn a valuable life lesson about trying new things!

I Am, I Can

I am strong. I am brave. I can handle anything. This book empowers your child by providing an affirmation for every single day of the year. With a different theme for each month - such as positivity, calm, and adventure - children can build their self-esteem and resilience by focusing on what matters to them, through the power of positive thinking. Perfect for children aged 7 to 9, this book not only educates but inspires. Affirmations tied to certain key events from history provide motivation and encouragement. On 17th April, learn about the Apollo 13 mission and discover how to stay calm under pressure. On 1st December, Rosa Parks' refusal to give up her seat on the bus links to the affirmation "I stand up for myself and others." Mindful activities encourage children to try practical techniques to explore the affirmations further - creating a "happiness jar" helps kids come up with their own affirmations, building a "coping wheel" empowers kids to manage stress, and making friendship bracelets helps enact the affirmation "I am a caring friend." Affirmations have been proven to help overcome negative thoughts by reminding us of what matters. I Am, I Can use beautiful illustrations to bring the daily doses of wisdom to life and encourage visualization - a powerful tool in promoting self-belief and keeping anxiety at bay.

I Am Drums

"This book is the song of my middle-school heart."—Michelle Schusterman, author of the I Heart Band! series Sam knows she wants to be a drummer. But she doesn't know how to afford a drum kit, or why budget cuts end her school's music program, or why her parents argue so much, or even how to explain her dream to other people. But drums sound all the time in Sam's head, and she'd do just about anything to play them out loud—even lie to her family if she has to. Will the cost of chasing her dream be too high? An exciting new voice in contemporary middle grade, Mike Grosso creates a determined heroine readers will identify with and cheer for.

Finding I Am - Bible Study Book with Video Access

What is the deep cry of your heart? The ache in your soul just waiting to be fulfilled? The prayer you keep repeating without end? Jesus not only cares about this deep, spiritual wrestling, but He also wants to step in and see you through it. Join Lysa TerKeurst on the streets of Israel to explore the I AM statements of Jesus found in the Gospel of John, ultimately trading feelings of emptiness and depletion for the fullness of knowing who Jesus is in this in-depth Bible study. Features: Leader helps to guide questions and discussions within small groups Five weeks of personal study segments to complete between six weeks of group sessions Four days, with an optional fifth day, of study within each week of personal study Six enriching teaching videos, approximately 15-20 minutes per session, available via redemption code printed in Bible study book for individual streaming access Benefits: Find freedom in difficult circumstances by learning how to shift from \"slave mentality\" to \"set free mentality.\" Discover how Jesus is the key to satisfaction by learning the crucial significance behind each of His I AM statements. Trade feelings of emptiness for the fullness of knowing who Jesus is. Grow in biblical literacy with this exploration of the Gospel of John. Video Sessions: Session 1: I AM (18:40)--In this introductory session, Lysa introduces the topic of I AM by looking in the book of Exodus where God talks to Moses through the burning bush. First came God's name, then came His promise. Session 2: I AM the Bread of Life (15:40)--Lysa is in Capernaum during this session and discusses how important bread was in the life of the Jewish people during this time. She reminds participants that only Jesus Himself can satisfy every craving of our soul. Session 3: I AM the Light of the World (21:40)--This third session puts participants at Jacob's well where Jesus encountered the Samaritan woman. Lysa discusses Jesus as the Living Water and how this Samaritan woman became a light to her world by telling others about Jesus. Session 4: I AM the Good Shepherd and I AM the Gate of the Sheep (18:10)--Psalm 23 tells us about God as a Good Shepherd. Lysa explores that Psalm and reminds listeners that God promises not to restore our circumstances, but rather to restore our soul. Session 5: I AM the Resurrection and the Life and I AM the Way, the Truth, and the Life (20:55)--In this fifth session Lysa overlooks the city of Jerusalem and studies the passage of the raising of Lazarus. She reminds the listener that Jesus longs to bring His resurrection power to us. Session 6: I AM the True Vine (17:35)--During this final session we find ourselves in a vineyard learning about God as the Gardener and Jesus as the True Vine. We learn that pruning makes us look more like Jesus and prepares us to bring forth fruit.

I Am a Story

\"From cave drawings to the invention of the printing press to our digital age, discover how a story has been told in many different ways from the past to today. It's always been around, making us happy, sad, excited, or scared and bringing people together. With simple text and delightful illustrations, Dan Yaccarino reminds us of the power of story\"--

I Am Mercy

In 14th century France, Aida is accused of being a witch when the Black Death wipes through her village. Abandoned by her family, she is surrounded by death and disease, but when a woman who may actually be a witch tells her how to cure the plague, it may mean uncovering a dark magic.

I Am Me

\"I Am Me\" is a fun and rhythmic story encouraging children to embrace their uniqueness and celebrate everyone's differences. This book is filled with powerful affirmations and beautiful illustrations, with hopes of helping as many children as possible see themselves reflected in the pages.

I Am Bat

A cherry-loving bat warns the reader to stay away from his favorite treat.

I Am Pilgrim

"I Am Pilgrim is simply one of the best suspense novels I've read in a long time." —David Baldacci, #1 New York Times bestselling author "A big, breathless tale of nonstop suspense." —Janet Maslin, The New York Times "The pages fly by ferociously fast. Simply unputdownable." —Booklist A breakneck race against time...and an implacable enemy. An anonymous young woman murdered in a run-down hotel, all identifying characteristics dissolved by acid. A father publicly beheaded in the blistering heat of a Saudi Arabian public square. A notorious Syrian biotech expert found eyeless in a Damascus junkyard. Smoldering human remains on a remote mountainside in Afghanistan. A flawless plot to commit an appalling crime against humanity. One path links them all, and only one man can make the journey. Pilgrim.

I Am a Book. I Am a Portal to the Universe

Hello. I am a book. But I'm also a portal to the universe. I have 112 pages, measuring twenty centimetres high and twenty centimetres wide. I weigh 450 grams. And I have the power to show you the wonders of the world.

The War That Made the Roman Empire

"The story of one of history's most decisive and yet little known battles, the Battle of Actium in 31 BC, which brought together Antony and Cleopatra on one side and Octavian, soon to be emperor Augustus, on the other, and whose outcome determined the future of the Roman Empire"--

I Am You

We may be different, but our hearts beat the same. In southern Africa, there is a belief called ubuntu--the idea that we are all connected. No matter where we're from or who we are, a person is a person through their connections to other people. With simple, lyrical text and charming artwork, this lively picture book first published in South Africa is the perfect introduction to the concept of ubuntu for young kids. A celebration of friendship and kindness, the book shows children the many ways that we are all one.

Will You Take Me As I Am

Joni Mitchell is one of the most celebrated artists of the last half century, and her landmark 1971 album, *Blue*, is one of her most beloved and revered works. Generations of people have come of age listening to the album, inspired by the way it clarified their own difficult emotions. Critics and musicians admire the idiosyncratic virtuosity of its compositions. *Will You Take Me As I Am* -- the first book about Joni Mitchell to include original interviews with her -- looks at *Blue* to explore the development of an extraordinary artist, the history of songwriting, and much more. In extensive conversations with Mitchell, Michelle Mercer heard firsthand about Joni's internal and external journeys as she composed the largely autobiographical albums of what Mercer calls her Blue Period, which lasted through the mid-1970s. Incorporating biography, memoir, reportage, criticism, and interviews into an illuminating narrative, Mercer moves beyond the "making of an album" genre to arrive at a new form of music writing. In 1970, Mitchell was living with Graham Nash in Laurel Canyon and had made a name for herself as a so-called folk singer notable for her soaring voice and skillful compositions. Soon, though, feeling hemmed in, she fled to the hippie cave community of Matala, Greece. Here and on further travels, her compositions were freshly inspired by the lands and people she encountered as well as by her own radically changing interior landscape. After returning home to record *Blue*, Mitchell retreated to British Columbia, eventually reemerging as the leader of a successful jazz-rock group and turning outward in her songwriting toward social commentary. Finally, a stint with Bob Dylan's Rolling Thunder Revue and a pivotal meeting with the Tibetan lama Chögyam Trungpa prompted Mitchell's return to personal songwriting, which resulted in her 1976 masterpiece album, *Hejira*. Mercer interlaces this fascinating account of Mitchell's Blue Period with meditations on topics related to her work, including the

impact of landscape on music, the value of autobiographical songwriting for artist and listener, and the literary history of confessionalism. Mercer also provides rich analyses of Mitchell's creative achievements: her innovative manner of marrying lyrics to melody; her inventive, highly expressive chords that achieve her signature blend of wonder and melancholy; how she pioneered personal songwriting and, along with Bob Dylan and Leonard Cohen, brought a new literacy to the popular song. Fans will appreciate the previously unpublished photos and a coda of Mitchell's unedited commentary on the places, books, music, pastimes, and philosophies she holds dear. This utterly original book offers a unique portrait of a great musician and her remarkable work, as well as new perspectives on the art of songwriting itself.

I Am the Book

A book is a wonderful, magical treat. The thirteen poems in this collection encourage young readers to snuggle up with a story and stretch their imaginations, to splash in a sea of tales by day and swashbuckle through chapters late at night. With playful illustrations by Yayo and thought-provoking poems by Jane Yolen, Rebecca Kai Dotlich, Naomi Shihab Nye, and others, readers will unlock a treasure trove of poems in this exuberant celebration of reading.

I Am, I Am, I Am

AS FEATURED ON DESERT ISLAND DISCS, BIG SCOTTISH BOOK CLUB AND THE ZOE BALL BOOKCLUB, A BOOK OF THE YEAR IN THE SUNDAY TIMES, THE TIMES, GUARDIAN, IRISH TIMES, OBSERVER, RED and THE TELEGRAPH. *SHORTLISTED FOR THE PEN ACKERLEY PRIZE FOR MEMOIR AND AUTOBIOGRAPHY 2018* I AM, I AM, I AM is a memoir with a difference - the unputdownable story of an extraordinary woman's life in near-death experiences. Insightful, inspirational, gorgeously written, it is a book to be read at a sitting, a story you finish newly conscious of life's fragility, determined to make every heartbeat count. A childhood illness she was not expected to survive. A teenage yearning to escape that nearly ended in disaster. A terrifying encounter on a remote path. A mismanaged labour in an understaffed hospital. Shocking, electric, unforgettable, this is the extraordinary memoir from Costa Novel-Award winner and Sunday Times bestselling author Maggie O'Farrell. It is a book to make you question yourself. What would you do if your life was in danger, and what would you stand to lose?

I Am No One

A tense, mesmerizing novel about memory, privacy, fear, and what happens when our past catches up with us. After a decade living in England, Jeremy O'Keefe returns to New York, where he has been hired as a professor of German history at New York University. Though comfortable in his new life, and happy to be near his daughter once again, Jeremy continues to feel the quiet pangs of loneliness. Walking through the city at night, it's as though he could disappear and no one would even notice. But soon, Jeremy's life begins taking strange turns: boxes containing records of his online activity are delivered to his apartment, a young man seems to be following him, and his elderly mother receives anonymous phone calls slandering her son. Why, he wonders, would anyone want to watch him so closely, and, even more upsetting, why would they alert him to the fact that he was being watched? As Jeremy takes stock of the entanglements that marked his years abroad, he wonders if he has unwittingly committed a crime so serious as to make him an enemy of the state. Moving towards a shattering reassessment of what it means to be free in a time of ever more intrusive surveillance, Jeremy is forced to ask himself whether he is \"no one,\" as he believes, or a traitor not just to his country but to everyone around him. — Included in NPR's Best of 2016 Book Concierge

Holy Bible (NIV)

The NIV is the world's best-selling modern translation, with over 150 million copies in print since its first full publication in 1978. This highly accurate and smooth-reading version of the Bible in modern English has the largest library of printed and electronic support material of any modern translation.

I AM

"I AM is a fascinating, in-depth and eye-opening look at the very essence of how each of our lives are created in every moment." - Hale Dwoskin, author of the New York Times bestseller, *The Sedona Method* and featured teacher in *The Secret* For centuries humankind has been asking fervent questions about the meaning of life. As Howard Falco learned, the answers to these questions can ultimately be found in the answer to just one: "Who am I?" In late 2002, in the middle of an ordinary life, Falco-a thirty- five-year-old investment manager with a wife and two children-sought the answer to this powerful question and remarkably this quest resulted in a sudden and all-encompassing shift in his awareness that revealed more about life and how we each create it than he ever imagined knowing. Startled by this new understanding and its implications for his own life and the lives of all others, Falco set out to share his discoveries. The stunning result is this book. I AM takes readers on a life-changing journey in which they will discover the incredible power they have over their experience of life, finding that the doorway to eternal peace, happiness, and fulfillment lies in one of the shortest sentences in the written word but the most powerful in the universe: I AM.

I AM

1st Hardcover Edition of "The Power of I AM"

All I Am

"This...book...takes a straightforward approach to helping people grow in self-awareness, self-esteem, and interpersonal communication skills"--Publisher web site.

The Power of I Am

Rumors of coming Cold and Darkness spread through the woods until a birch tree stump uses wisdom and humor to calm the animals' fears.

Why Am I Afraid to Tell You who I Am?

Partha Chatterjee reconsiders the concept of popular sovereignty in order to explain today's dramatic outburst of movements claiming to speak for "the people." To uncover the roots of populism, Chatterjee traces the twentieth-century trajectory of the welfare state and neoliberal reforms.

I Am Birch

(the timeless teachings of ancient and contemporary masters) Re-encounter your Self with eternal clarity; all you have missed in society's customary identification with the false and relative. Simple timeless Wisdom is your ultimate longing. It is yours, for you, because you-are. Education, life experiences, and book knowledge may help to earn a living, but relationships cannot teach you how to live. Solely relative living is an utter denial of Wisdom - living in Love, Beauty, and Happiness, your innate gifts from beyond. Answer certainly the weighty questions of living - what are you, who are you, why is birth and death and existence, what is the purpose and meaning of life, how did you come to exist in fear and sorrow when you certainly long to live happily in love, peace, freedom, and wisdom? Whatever it is that you-know-you-are changelessly, that you-ever-are, beyond any doubt! Endless re-discoveries, expressed from your one Self in correct living, are full of vitality and secure in wise Love.

I Am the People

<https://johnsonba.cs.grinnell.edu/@82589900/jcavnsistb/vcorroctr/xdercayi/visual+inspection+workshop+reference+>